

IUHPE Core Competencies

Examples

The table below provides examples against each of the core competencies. Please note these are summarised examples and more details are required in a registration application.

Competency	Examples
1. Enable Change	Supported community settings to implement a whole of setting approach to create health promoting environments
2. Advocate for Health	Collaborated to implement a photo voice project showcasing the lived experience of food insecurity and using this to advocate for action/change
3. Mediate through Partnership	Led an initiative that sought to create a broad multisectoral partnership to change the local food system and increase healthy eating
4. Communication	Applied a health promotion communications strategy and supporting toolkit
5. Leadership	Led the establishment and implementation of a workplace Healthy Food Policy / the research leading to translation of food systems-related theory into practice
6. Assessment	Implemented a needs assessment conducted as part of the development of a strategic health promotion plan
7. Planning	Undertook planning to develop an annual prevention action plan
8. Implementation	Implemented an active living initiative
9. Evaluation and Research	Evaluation: developed and implemented an evaluation plan Research: co-authored a journal article focused on evaluating the success of a health promotion initiative