

Update

Newsletter of the Australian Health Promotion Association

July 2012

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FROM THE PRESIDENT

Suzanne Gleeson National President AHPA

Not easy but we can't afford not to.

Half a million Australians could be freed from chronic illness, \$2.3 billion in annual hospital costs could be saved and the number of Pharmaceutical Benefits Scheme prescriptions could be cut by 5.3 million resulting in annual savings of \$184.5 million a year...

And that's not all! There is more ...

170,000 extra Australians could enter the workforce resulting in \$8 billion in extra earnings and a flow on effect of about \$4 billion saved in welfare support payments.

Is this really doable? Definitely - but not by chance or rhetorical statements or by tomorrow but by focusing on the social determinants of health.

How do we know? These findings come from a rigorous study by CHA-NATSEM (Catholic Health Australia and the National Centre for Social Economics Modelling) released in May 2012.

This is the first study in Australia that has 'tried to gauge the impact of Government inaction on the social determinants of health and health inequalities'. Based on strong evidence the researchers recommend that Australia adopt the World Health Organisations 'health in all policies' approach. As most health promotion workers know, this approach considers the long term health impacts of government decisions and recognises the need for 'action across the whole of society' in order to close the health gap among different socio-economic groups in Australia.

The substantial benefits outlined above are no pipe dream they are achievable if this approach is systematically adopted. The researchers claim, for example, that 'Even if Government action focused only on those living in public housing, then some 140,000 to 157,000 additional Australian adults would have better health.'

It is important to note that this study is not the whole story – the researchers explored the cost of inaction in only the most socio-economically disadvantaged with those least disadvantaged in the Australian

/ FROM THE PRESIDENT

population of working age (25-64) using four indicators – household income, level of education, housing tenure and degree of social connectedness. We have from many studies, clear evidence that the relationship between socioeconomic standing and health is on a continuous gradient. In other words there is a continuous gradient at all income levels not just between the rich and the poor.

Following the release of this CHA commissioned study, the Social Inclusion Minister Mark Butler announced that the Senate Standing Committee on Community Affairs will set up an inquiry to consider the World Health Organisation's action plan on the social determinants of health. Martin Laverty, CEO CHA, reminds us that 'No one suggests a 'health in all policies' is simple, but inaction is clearly unaffordable.'

This Australian study about inequalities and inequities is important information for health promotion work so don't be the last to know - download at the NATSEM website <http://www.natsem.canberra.edu.au/publications/?publication=the-cost-of-inaction-on-the-social-determinants-of-health> then think about what you can do to make a difference.

We won't change the situation overnight or within the next decade or ... but that's no reason not to act now. As we have been warned, not taking action is unaffordable.

Update on AHPA's Health Promotion Accreditation Scheme Project

Prepared by **Andrew Jones-Roberts, Janine Phillips, and Kirsty Tinsley**

AHPA's project to develop and establish an accreditation system is being implemented in three stages.

Stage 1: The development of an accreditation system to identify relevant health promotion qualifications.

Stage 2: The establishment of accreditation for health promotion professionals.

Stage 3: The implementation of a program to support health promotion officers maintaining their accreditation through ongoing professional development.

A Steering Committee of National Board members is leading the project with support and advice from Daryl Sadgrove & Associates Consulting.

Stage one of the project has been completed and a Discussion Paper – Part 1 has been presented to the AHPA Board. This stage included a first round of consultations with forty two key stakeholders. The consultations explored the perceptions of the stakeholders in relation to what professionalisation was, what it would mean to them, and their understandings of costs and benefits. Representatives from four comparable organisations that had achieved a level of professionalisation were also interviewed about benefits, costs and the process of implementation.

From the data collected recommendations are proposed that answer the question 'What are the best workforce development strategies available to AHPA to support the sustainability of the health promotion workforce?'

Four strategies have been identified and recommended to AHPA's Board:

- The introduction of an inclusive certification program.
- The inclusion of certified health promotion professionals in the list of Common Health Professionals in the Health Professionals and Support Services Award 2010.
- The introduction of a continuing professional development program for fully certified members.
- Targeting key economic initiatives such as sourcing grant funding and advocating to the Department of Education, Employment and Workforce Relations.

The AHPA National Board has endorsed the Discussion Paper – Part 1 and approved the initiation of Stage 2 of the project which explores the feasibility of implementing these strategies. This project has been supported by funding provided by SA Health and Queensland Health.

Update on ANPHA (Australian National Preventive Health Agency)

1. The Australian National Preventive Health Agency held a **National Preventive Health Surveillance Forum** on 2 April 2012. The report on the Forum's proceedings is available on the ANPHA website at: www.anpha.gov.au/internet/anpha/publishing.nsf/Content/surveillance-forum-report

If you would like to provide comments or make suggestions on the recommendations from their report you can email ANPHA at: anpha@anpha.gov.au

2. Social Marketing Campaigns: For updates on ANPHA's National Tobacco Campaign and the 'Swap it Don't stop it' evaluation report, click here: <http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/campaigns>

3. Grants: ANPHA allocated almost \$10 million to projects designed to combat binge drinking by young people aged 12 to 24 years in the third round of their CLI (Community Level Initiative) grants- part of their National Binge Drinking Strategy. A list of successful recipients with a brief outline of their research, and the dollars each received, is available at <http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/cli-recipients>

For the toolbox...

Compiled by Suzanne Gleeson

Health Impact Assessment: A Practical Guide

[Download Guide](#)

This guide provides a practical approach to undertaking health impact assessment (HIA). Based on the findings of the [New South Wales HIA Project](#), the aim is to encourage greater consideration of health and wellbeing through the use of HIA within project, program and policy development.

Go to http://www.hiaconnect.edu.au/hia_a_practical_guide.htm to find out more about who this guide is written for and the steps involved in carrying out a HIA.

Planning Australia - environment and health professionals working together

The HBEP (Healthy Built Environments Program) website <http://www.be.unsw.edu.au/programmes/healthy-built-environments-program/about> provides information on a range of local and international healthy built environment initiatives. The purpose of this program, put simply, is to bring the built environment and health professions together to create built environments that support people being healthy in their everyday lives.

At this website you will find a range of online education resources including several videos related to healthy built environments covering topics such as food security and climate change. Click her to find view and find out more <http://www.be.unsw.edu.au/programs/healthy-built-environments-program/online-education-resources>

Textbook: The second edition of 'Planning Australia: An Overview of Urban and Regional Planning' was

published by Cambridge University Press released in February 2012. This text is edited by HBEP's Director Susan Thompson and Paul Maginn, from the University of Western Australia. Planning Australia provides a comprehensive introduction to town planning in Australia. This edition includes a new chapter on healthy planning, as well as lots of updated material and instructive case studies. For more information and an order form click on http://www.be.unsw.edu.au/sites/default/files/upload/research/centres/cf/researchprograms/healthy_built_environments_program/publications/PlanningAustralia_2Ed_OrderForm.pdf

The Australian National Preventive Health Agency (ANPHA) website Knowledge Hub

Keep informed - visit ANPHA's Knowledge Hub for new resources such as

- the [Health Promotion Websites Database](#) that provides summaries on over 260 websites on prevention and health promotion information that align with one or more of ANPHA's knowledge brokering goals; and for
- [Preventive Health Alerts](#) uploaded every month.

WHO Report: How can the health equity impact of universal policies be evaluated? Insights into approaches and next steps

In this report the authors note that it is '...often lamented that we lack evidence of what works to reduce health inequities ... a conclusion based on reviews from controlled experiments ... that pessimistic conclusion can be challenged if broader types of evidence are employed.' Taking population level action on the wider social determinants of health in efforts to reduce health inequities is an international public health imperative. However, an important barrier to action is the perceived lack of evidence about what works to reduce

health inequities. This report by the World Health Organisation presents arguments and case studies from an expert group meeting in Liverpool that was convened to clarify the importance and challenges of evaluating universal policies and to outline potential approaches to assessing the impact of universal policies on health inequities.

[Click here](#) for the full report

In the UK - a new invention - generating energy from footsteps

An award winning [UK inventor](#) has developed an energy-harvesting floor tile called Pavegen. On their website they explain that every time someone walks over the Pavegen tile, renewable energy is harvested from the footstep. The technology converts the kinetic energy to electricity which can be stored and used for a variety of applications. For example, when fitted in heavily pedestrian areas it can power street lights and bus shelters and will be installed in areas surrounding the 2012 Olympic site. Imagine replacing all concrete paving slabs with a low carbon alternative that can power the lights in a building? Amazing. Visit their website for more 'Wow that's incredible' potential applications. <http://www.pavegen.com/energy-harvesting-applications.php>

For something similar but different ...! Evidence is – don't sit - stand. Visit this website

<http://www.juststand.org/ResearchandNews/tabid/636/language/en-US/Default.aspx>

It is a US website that provides resources and research evidence highlighting the health risks of long periods of sitting. And it seems as though Sydney workplaces are beginning to incorporate this evidence into the design of their workspaces. In an article in the SMH (April 1 2012 – always suspicious of that date!!) Jonathan Swan wrote that in the Commonwealth Bank headquarters in Sydney – they have taken the findings seriously and have designed

ABW offices. ABW he says stands for activity based working - a Dutch design philosophy that abolishes anachronisms such as paper, landline telephones, desktop computers and assigned desks. Certainly sounds appealing. To read more go to

<http://www.smh.com.au/executive-style/fitness/stand-and-deliver-20120331-1w51r.html#ixzz225gFFIA4>

Reports on impact of poverty and social class on myocardial infarction outcomes

The Canadian Journal of Cardiology published a paper on the effect of socioeconomic factors on myocardial infarction outcomes - March 6, 2012.

This interesting Canadian study – found equal access to quality public health services is important and achievable but not enough...but not enough to prevent negative health consequences of socioeconomic deprivation - addressing social determinants of health needed to achieve full benefits. In an accompanying editorial, Dr. Blair O'Neill, President of the Canadian Cardiovascular Society, observed that 'governments must realize the importance of addressing social determinants of health to achieve the full benefits in investments in improving access to an advanced healthcare system – working on antipoverty strategies would be a good start'. http://www.sciencecodex.com/reports_on_impact_of_poverty_and_social_class_on_myocardial_infarction_outcomes-87515

Australia's health 2012

Australia's health 2012 is the thirteenth biennial health report of the Australian Institute of Health and Welfare. It is the most comprehensive and authoritative source of national information on health in Australia. It provides answers to questions such as: How healthy are Australians? What major milestones affect health over the life course? - How can we protect and promote good health? Where do

our health dollars come from and where do they go? And a whole lot more ...

Click on the link to view the media release <http://www.aihw.gov.au/media-release-detail/?id=10737422190> and report <http://www.aihw.gov.au/publication-detail/?id=10737422172>

To view the highlights - the *Australia's health 2012: in brief report* can be viewed at <http://www.aihw.gov.au/publication-detail/?id=10737422176>

International Humanitarian Action Training. Have you ever wondered if aid work is for you?

The Australian Red Cross International Humanitarian Action Training is an inspiring and informative three-day course, designed to teach you what it takes to be an effective aid worker. Courses are facilitated by experienced practitioners and technical experts from both Red Cross and other humanitarian organisations.

Courses are facilitated by experienced practitioners and technical experts from both Red Cross and other humanitarian organisations. After the course, you'll be better prepared to apply for and succeed at volunteer or paid roles with both Australian and overseas agencies.

The course is offered several times per year, in various capital cities around Australia.

To find out more go to the Red Cross website at <http://www.redcross.org.au/ihat.aspx>

Australia's food & nutrition 2012

Australia's food & nutrition 2012 highlights the key components of the food and nutrition system. It describes the system from 'paddock to plate' and how food choices affect our health and the environment. Did you know:

- Australia produces enough food to feed 60 million people.
- More than 9 in 10 people aged 16 and over do not consume sufficient serves of vegetables.
- One in 4 children have an unhealthy body weight and 6 in 10 adults are overweight or obese.
- Aboriginal and Torres Strait Islander people, rural and remote Australians and socioeconomically disadvantaged people are more at risk of diet-related chronic disease than other Australians.

Click here to view the media release <http://www.aihw.gov.au/media-release-detail/?id=10737422368> the summary report <http://www.aihw.gov.au/publication-detail/?id=10737422360> or the full report here <http://www.aihw.gov.au/publication-detail/?id=10737422319&libID=10737422319&tab=2>

Global Green and Healthy Hospital Agenda (GGHHA)

This is a Comprehensive Environmental Health Agenda for Hospital and Health Systems. It provides a framework for hospitals and systems around the world to achieve greater sustainability. Their framework has ten interconnected goals - leadership, chemicals, waste, energy, water, transportation, food, pharmaceuticals, buildings and purchasing – with actions and a website with tools and resources to assist implementation. Very comprehensive, very readable, and very doable.

One very gobsmacking piece out of this doc is that Kaiser Permanente estimates it will SAVE \$26 million a year simply by implementing environmentally responsible purchasing practices

Go read at: <http://www.noharm.org/lib/downloads/building/GGHHA.pdf>

An Intersectoral Approach for Improving Health Literacy

This discussion paper entitled 'An Intersectoral Approach for Improving Health Literacy for Canadians' was developed by a national Think Tank of policymakers, practitioners and researchers organized by the Public Health Association of British Columbia.

The paper identifies the importance of improving health literacy as a crucial component of the determinants of health. Groups are invited to review the Approach and discuss the application of the ideas to their own contexts and health literacy work and provide feedback on how the framework could be improved to better support their health literacy work. This Discussion Paper, the authors note, is an important step in the journey of creating a health literate Canada.

The paper can be accessed at <http://www.phabc.org/modules.php?name=Contentpub&pa=showpage&pid=182>

You are invited to send your comments and suggestions to Dr. Irving Rootman at irvrootman@gmail.com

Want to learn more about health equity practice? The NSW Health Equity Practice Network has a new online e-learning course coming soon.

The NSW Health Equity Practice Network (HEPN) was established over two years ago and has representatives across the NSW Local Health Districts. HEPN is supported by the NSW Health Promotion Directors Forum and the Centre for Health Advancement. Since its inception, HEPN has been working to develop an on line e-learning course to support health promotion practitioners interested in learning about health equity practice.

The online course consists of 7 modules with each module targeting an important element of health equity practice. Topics covered include the determinants of health, principles of practice and data, planning and evaluation. Access to the course will soon be available through a Health Equity website and social media tools.

The course is interactive, fun and very practical. It includes a variety of learning tools to stimulate and engage the learner. Case studies have been woven into the design to reinforce key issues and to provide an opportunity to translate elements of theory to practice.

Virtual classes will be created where a group of participants will enrol and progress through the modules as a group over an 8 week block. Participants will be encouraged to communicate with class members via online discussions and forums. A facilitator will be assigned to each group to provide additional support and guidance.

In late 2011, the course was piloted and evaluated and as a result changes and recommendations have been incorporated into the course design. The course will be ready to roll out very soon.

If you are interested in finding out more about the Health Equity on-line course or the website, please contact Donna Lloyd (HEPN Secretariat) on 02 66 207501 or email herat.donnaM.lloyd@ncahs.health.nsw.gov.au

Branch Round Up

NEW SOUTH WALES // Karen Bedford

AGM: The Annual General Meeting of the NSW Branch was held on Tuesday 8 May 2012. The new 2012-2013 branch management committee was elected. The members returning for another hectic year are: Karen Bedford, Chris Rissel, Myna Hua, Trish Nove, Tessa Piper, Amanda Lockeridge and Suzanne Gleeson. We also welcomed brand new Committee members, Denise Fry, Jennifer Evans and Norah Ansey. Our guest speaker was Paul Pholeros, Co-Director of Healthabitat, who treated members to a very stimulating and entertaining evening discussing their housing and community programs in remote Australia, New York and Nepal. Many will remember Paul from AHPA's Conference in Cairns where his presentation and work with Aboriginal communities was of great interest and much admired by those working in population health and health promotion.

AHPA National Conference 2013 Planning: The NSW Branch committee is very, very busy preparing for AHPA's 21st National Conference next year. The dates for your diaries are the 17-19 June 2013. We have secured the Sydney Convention & Exhibition Centre in the heart of the city and commenced planning with a professional conference organiser. The theme for the conference is '*Changing settings for sustainable health promoting outcomes*' and we have initiated discussion with various organisations for support and sponsorship. We will be setting up the usual working groups and committees and are considering a Conference Planning Advisory Committee for extra expert input along the way. We plan to drain the brains of our colleagues who have managed this awesome task in the recent past and we are pleased to report that they are all eager to share their experiences. NSW plans to take advantage of the Population Health Congress in Adelaide to advertise the 2013 Conference and to entice members and other guests by showcasing our beautiful blue harbour city – So Sydney 2013 it is – and NSW will be there to welcome you all with open arms.

WESTERN AUSTRALIA // Gemma Crawford

The WA Branch has had a productive first half of the year with our professional development calendar filling up, some important advocacy work completed, and the commencement of the review of the WA Branch operational plan.

Professional development: A Social Media event was held for around 120 people in conjunction with PHAA and WACHPR. A follow-up workshop is being planned to build on knowledge acquired from this event and provide participants with skills for using social media effectively.

The calendar is set to get busier for the second half of the year with events planned such as: A Mums in Health Promotion group; Informal networking; A Winning Presentation Skills workshop; A media event with Melissa Sweet from Croaky (with Cancer Council and PHAA); and A Student Careers Showcase.

Advocacy in WA: The Advocacy and Careers sub-committee started the year with a submission on the draft WA Health Promotion Strategic Framework 2012–2016. We commended the work of the Chronic Disease Branch in developing the framework, which will strengthen health promotion action within WA. Our submission asked for greater clarity on how the framework would build on the achievements of the previous framework, greater consideration of contemporary health promotion practice regarding social determinants and greater recognition of evaluation and research.

A letter was sent to Alfred Cove Independent MP Dr Janet Woollard regarding the Sex Reform Bill currently in parliament. This letter continued advocacy work undertaken in 2011 on the Draft Prostitution Bill, encouraging Dr Woollard to consider high level evidence identifying successful approaches to sex work from other jurisdictions.

Mentoring in WA: The branch has successfully matched 16 mentoring pairs for 2012. The Mentoring sub-committee hosted an event for mentees and mentors, covering the personal benefits of being a mentor or mentee, a self-assessment and tips on structuring mentoring meetings. The second mentoring newsletter has also been distributed to all participants.

Scholarships: The WA Branch has circulated a call for expressions of interest for a consultant to investigate how we can strengthen the Aboriginal component of the Scholarship Program. For further information please contact: adminwa@healthpromotion.org.au

Thank you Miranda Infanti who, after five years dedication to the WA branch, has stepped down from the WA Branch Executive Committee. We would like to thank Miranda for her dedication and wish her well in her future endeavours.

TASMANIA // Glen Paley

Health starts long before illness. The houses we live in, the transport we can access, stress, the job we have or don't have, the social support we have and money we've got have as much impact on our health and wellbeing as our genes and behaviours.

The Tasmanian Branch of the Australian Health Promotion Association and the Tasmanian Council of Social Services (TasCOSS) developed ten action sheets on the Social Determinants of Health. The information has been developed for people who are interested in knowing about, talking about and acting on health where it starts – in our homes, communities, schools and jobs.

The information could be used to:

- Enhance knowledge and encourage the search for further information
- Initiate discussion and debate
- Spark ideas to enhance practice
- Encourage networking across sectors
- Highlight what we can do
- Advocate for change
- Call on governments to provide strong leadership

The action sheets were recently launched in Hobart, drawing a wide range of people from diverse workplaces. Interest in the sheets and the project has been huge and inspiring, with consequent launches and ideas introduced into the north and northwest of the state. To help further action, a special interest group has been formed to discuss ways to use the sheets, to sustain the project and support advocacy in the community around the social determinants of health.

The action sheets can be found at the Australian Health Promotion Association website <http://tascoss.org.au/>

For more information contact Miriam Herzfeld.

Email: miriam_herzfeld@internode.on.net

VICTORIA // Andrew Jones-Roberts

Over the past few months Victoria has been busy organising the Victorian Branch Annual Meeting and facilitating the committee changeover. At the Annual Meeting in March Vic farewelled Dr Christine Armit, Ms Tiana Felmingham and Ms Kate Mackay who did not renominate for the committee this year. Thank you Chris, Tiana and Kate for all your work on the committee over the past few years. Vic also welcomed three new committee members: Dr Jessica Anson, Ms Sarah Jury and Ms Jo Warnecke.

The new Victorian committee has hit the ground running and we are planning a range of activities for the coming year – and of course looking for ways to engage with Victorian members. Here is a summary of what is planned (under our key priority headings) for 2012 /13

Skills Development:

- The Annual AHPA Student Careers Night in collaboration with universities and major employer groups.
- An interactive workshop to support AHPA members to prepare posters for the 2012 Population Health Congress.
- Ongoing planning for a new and improved mentoring program.

Career paths:

- A project is being scoped to improve the quality, consistency and appropriateness of health promotion student placements.
- Engaging with Department of Health representatives to identify opportunities to support the new community-based health promotion practitioner roles.

Member Relations:

- Ongoing meetings with the new Victorian AHPA Aboriginal & Torres Strait Islander Working Group to discuss how AHPA can best work with Aboriginal Health Workers and Aboriginal Community Controlled Health Organisations across Victoria.
- The annual Carole Bailey Scholarship, funded by VicHealth, will once again recognise the commitment and achievement of undergraduate and graduate health promotion students.
- Production and broader distribution of the AHPA Victoria Branch's newsletter.
- Utilising the AHPA Victoria Branch LinkedIn Group to regularly communicate with the (almost) 200 participants.
- Promoting job listings, events and professional development information via the AHPA Victorian Branch list server.

Contact VICBranch@healthpromotion.org.au if you would like more information about any of the above activities.

SOUTH AUSTRALIA // Janine Phillips

2012 has been an exciting and hectic time in SA.

Capacity building workshop: Twenty five individuals attended an 'Ideas to Abstracts' workshop at UniSA held in partnership with PHAA, to help practitioners develop abstracts for the Population Health Congress. Unfortunately, due to technical difficulties, video conferencing link-ups to Mount Gambier and Whyalla didn't occur, but, undeterred, we continue to look for better ways to use technology to engage country members. Pre Congress, workshops will be held to help those with successful abstracts prepare their presentation.

AGM: The committee remains the same for 2012 with all members re-elected. Positive feedback was received about the breakfast session which was attended by thirty people who heard Dr Lisa Studdert from the Australian National Preventive Health Agency (ANPHA) present on the outcomes from the first year of the agency and discuss future plans. A copy of the presentation is on the SA section of the website.

AGM Awards: Awards are presented to a student at each university demonstrating commitment to health promotion and academic achievement. Congratulations to the 2012 winners:

Brooke Atkins (UniSA), Hope Bunyan (Adelaide), and Jane Jenner (Flinders).

The Leadership for Health Promotion Award was presented to Professor Fran Baum, Director of the Southgate Institute of Health, Society and Equity and previous WHO Commissioner on the Social Determinants of Health. This award recognises outstanding leadership and advocacy at a state, national and international level. At our August meeting, Professor Baum will share insights and discuss her vision for health promotion in SA in the future and the role of AHPA SA.

Mentoring: The joint AHPA/PHAA mentoring program is a key career and networking strategy in SA. The program gets stronger every year with 32 mentees from SA and NT in 2012. Commencing in June the program will conclude in late November with a final networking event.

Other branch activities: The SA Storybook and organisation of the Indigenous pre-Congress workshop are keeping the committee busy. The Storybook will be launched on the 10 September at a lunchtime session at the Congress. The Indigenous pre-Congress workshop, 'Building Systems for Stronger Foundations in Aboriginal and Torres Strait Islander Health' is now open for registrations. To register go to <http://2012strongfoundations.eventbrite.com/>

Thanks to all our partners in these activities.

QUEENSLAND // Elisha McGuinness

The Queensland Branch has had a busy start to the year beginning with our AGM to which we invited Louise Sylvan from ANPHA as our guest speaker. This was followed closely by a very well attended evaluation workshop hosted by Victoria Visser. Things haven't slowed down from there with the new Qld Branch sub-committees reviewing their operational plans and updating them to reflect the branch activities for the next three years.

Advocacy: Since the change of government in April, a significant number of changes have occurred throughout the public health system and also to a number of NGO's who deliver health promotion services. It is clear that some health promotion services are particularly vulnerable in a time in which cost cutting is a priority. As a result, there has been an increased volume of requests for advocacy support from the branch. It has been great to see members turning to AHPA's Qld branch as a trusted organisation to speak on their behalf.

Professional Development: The professional development sub-committee is in the throes of preparing for Professor Garry Egger to speak on 'Physical Activity and Population Health Outcomes: Has the link been lost?'. Garry will be hosted jointly by the AHPA Qld Branch and James Cook University. We are also investigating new technology such as Webinar and LinkedIn as ways for members who are in rural and remote locations to participate.

In continuing with the spirit of providing high quality professional development opportunities for our members, the branch has awarded three full scholarships to assist members to attend the Population Health Congress in Adelaide in September. The very deserving recipients come from a variety of backgrounds and I am certain will take a lot away from their experience.

Branch Newsletter: The newsletter sub-committee produced a fantastic quarterly edition looking at Men's Health. There was a great response from the grassroots sector with a number of articles submitted by various men's sheds across Australia.

Member Survey: Finally, the bi-annual member survey has been analysed and the branch is looking at ways to take the feedback on board. In particular, the branch is exploring the feasibility and practicality of re-launching a mentoring program similar to that of other AHPA state and territory branches.

So, until next time, we are thinking of everyone braving the winter cold down south.

Branch round up continued.

NORTHERN TERRITORY // Emily Raso

Here in the NT the dry season has brought clear skies, warm days and never-ending jumping crocs. AHPA NT Branch has been very productive in the first half of 2012 with several enjoyable social and networking events as well as a range of other activities.

New members and committee: NT has welcomed the 2012 AHPA NT Branch committee, comprising Emily Raso, Talia Hoskin (who has since sadly returned to South Australia), Ayrle Williams, Dagmar Schmitt, Alana Booth, Cathy Malla James Smith and Lynnette O'Donoghue. Our membership has risen to 30 members, and we are thrilled to have such a dedicated and enthusiastic Branch Committee and membership group.

Consultation: The NT Branch has provided feedback to the AHPA National Professionalisation Project, as well as being part of the consultation for the Northern Territory Department of Health - Health Promotion Strategic Framework. The NT Branch has also provided a representative on the Advisory Group for the Bachelor of Health Science at Charles Darwin University (CDU) and the branch is planning for AHPA NT to be a part of the CDU Open Day to promote careers in health.

Mentoring: THE 2012 Mentor Program, a partnership between PHAA SA Branch and AHPA's SA & NT branches has commenced. NT has four mentees, all matched with NT based mentors, as well as one NT mentor matched with a SA mentee.

Professional Development: Scholarships are open for AHPA NT members and the broader Health Promotion workforce to attend interesting and valuable professional development events. The Branch has developed ongoing partnerships with key stakeholders including the Remote Indigenous Gardens Network, Health Promotion Strategy Unit, Fred Hollows Foundation and the Australian Water Association to offer great learning opportunities for AHPA NT members.

The AHPA NT Branch has also participated in the 'Tropical Gardens Spectacular' through our Advisory Committee role with the Remote Indigenous Gardens Network.

'Building Systems for Stronger Foundations in Aboriginal and Torres Strait Islander Health.'

This year's Aboriginal and Torres Strait Islander pre-Congress workshop is on Building Systems for Stronger Foundations in Aboriginal and Torres Strait Islander Health.'

The workshop will be held on the Sunday before the Population Health Congress, in Adelaide, on the 9th September, at the Adelaide Convention Centre. It will run from 8.30 to 4.30pm with an array of National and State speakers with expertise across policy, practice and research.

The workshop has been organised by representatives from the Aboriginal Health Council of SA Inc (AHCSA), Australian Health Promotion Association (AHPA), the Aboriginal Health Branch of the SA Department of Health, Australian Epidemiological Association, and the International Union of Public Health Education (IUHPE) International Network of Indigenous Health Promotion Professionals.

To find out more and to register for this pre-Congress workshop go to <http://2012strongfoundations.eventbrite.com>

The Spirit Level. You have read the book now help 'make' the documentary.

There are plans to make the Spirit Level into a documentary. The doco will show how societies can be happier, healthier and more successful through greater equality.

Most Update readers (if not all) would have read or at least be aware of the book 'The Spirit Level.'

The 'award-winning book which uses rigorous analysis of 25 years of research to show how a more equal society is better for all of us, including the rich. It shows how nearly all social ills - stress, poor educational performance, high crime rates, unwanted teenage pregnancies - are more common in those societies with a big gap between rich and poor.

Why are we telling you this here? Because the documentary makers have organised a fundraising drive to raise \$50,000 to make the doco based on the book.

The documentary makers state that 'We will make a film that is talked and written about, that gets into cinemas and televisions, so millions can see it. And, most importantly, this will help us achieve real, tangible change in policies and attitudes. We strongly believe we are at a tipping point and a big international documentary about the need for greater equality can make a big difference.'

Want to help? Find out more about how you can make a donation or help spread the word by tweeting, blogging or retweeting! Click here for full details <http://www.indiegogo.com/spiritlevelfilm>

Population Health Congress 2012

10-12 September 2012

Adelaide Convention Centre, Adelaide, Australia

Have you registered for this very exciting and informative population health event?

Top international and national speakers, terrific interactive workshops, and much, much more ... you just have to be there! It only happens once every four years.

The Congress has been organised and sponsored by the four leading professional population health organisations in the Asia Pacific region: the Public Health Association of Australia, the Australian Health Promotion Association, the Australasian Epidemiological Association and the Australasian Faculty of Public Health Medicine.

Together we undertake and promote research, professional development, mentoring, training, information, teaching, advocacy and policy development across the full range of population health subject areas, including medical, primary health care, health promotion, epidemiology, public and environmental health.

The overall theme is 'Population health in a changing world' and the five sub-themes are:

1. Global health, climate and economics: what is the impact of change?
2. Changing demographics in Australia and New Zealand - the social and health impacts.
3. Complex systems thinking - changing contexts for action and advocacy on population health. are emerging in these contexts?
4. How are translational research and knowledge transfer shaping the future of population health?
5. Inequalities and social determinants - how are these being addressed and with what effect?

Register now otherwise you will have to wait another four years!

<http://www.conferenceco.com.au/pophealth/>

Population health in a changing world

Events and conferences

AUGUST 2012

Positive Change – Investing in Mental Health

13th International Mental Health Conference
6–8 August 2012

Surfers Paradise Gold Coast Qld

<http://www.anzmmh.asn.au/conference/eventinfo.html>

Evaluation in a Changing World

Australasian Evaluation Society 2012 International Conference

27–31 August

Adelaide SA

www.aes2012.com.au

SEPTEMBER 2012

Population Health in a Changing World
10th - 12th September

Adelaide SA

The 2012 Population Health Congress on at the Adelaide Convention Centre 2012 is the largest health promotion event of the year. Don't miss out. If you haven't registered do it now online.

http://www.conferenceco.com.au/pophealth/PopHealth_reg.asp

CAPHIA 2012 Teaching & Learning Forum
13 - 14 September

Adelaide SA

<http://caphia.com.au/events.php>

Indigenous Health Knowledge and Development (INHKD) 5th Biennial Conference

24 – 28 September

St Lucia Brisbane Qld

<http://inikd2012.eventbrite.com/?ebtv=C>

The Quantum Leap: Measurement - redefining health's boundaries

24 – 27 September

Sydney NSW

www.thequantumleap.com.au

Health and Quality of Life – Health, Economy, Solidarity

9th European IUHPE Health Promotion Conference

27 - 29 September

Tallinn Estonia

<http://www.conferences.ee/iuheli2012/overview.html>

OCTOBER 2012

Remote Pearls of Wisdom
24 – 27 October

Cairns Qld

<http://www.crana.org.au/201-cranaplus-30th-conference-.html>

NOVEMBER 2012

Law Enforcement and Public Health
11-14 November

Melbourne Victoria

You are invited to participate in The First International Conference on Law Enforcement and Public Health (LEPH2012). Be part of this important inter-sectoral event and part of the process in beginning to close this gap in research, policy, and practice

<http://www.policing-and-public-health.com/theme/>

Knowledge Exchange and Translation into Practice Congress Lowitja 2012

14 – 15 November

Melbourne Victoria

Congress Lowitja 2012: Knowledge Exchange and Translation into Practice will be an interactive event bringing together end-users of health research, researchers and policy makers.

www.lowitja.org.au

Putting people first: mental health needs and initiatives in Australian Rural and Remote Communities

4th Australian Rural and Remote Mental Health Symposium

19 - 21 November 2012

Adelaide SA

<http://anzmmh.asn.au/rrmh/>

JUNE 2013

Put this one in your diary now

21ST Australian Health Promotion Association's National Conference

17 – 19 June 2013

Sydney NSW

This conference will host leading international and Australian speakers showcasing the latest information, issues and programs in health promotion settings. Watch this space, your email, and AHPA's website - calls to register your interest will soon be available.

Promoting a Healthy Australia. You're invited.

The Australian National Preventive Health Agency (ANPHA) invites you to participate in a second consultation process to develop the National Preventive Health Research Strategy 2012-2016. The Agency welcomes submissions from all stakeholders to finalise this important guide for preventive health research in Australia.

The draft strategy and instructions for submitting comments can be found on ANPHA's website at <http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/strategy-consultation-draft>

Submissions close Friday 31 August 2012

Enquiries may be directed to maxine.baban@anpha.gov.au.

Welcome to new members

NSW

Norah Ansey
Seher Arslan
Stacy Carter
Sheryl Citera
Rowena Clune
Debbie Cole
Alana Colombo
John B.F. de Wit
Courtney Dunn
Julie Edwards
Karen Frost
Denise Fry
James Gama
Karen Hobday
Dheepa Jeyapalan
Stacey Keighley
Moira Mehigan
Julie Mickle
Marion Nash
Russell Ng
Katie Northam
Ashleigh Scott
Dianne Selway
Tun Aung Shwe
Barry Taylor
Sandra Wallace
Venessa Wells
Andrew Wheeler
Alam Yoosuff
Awabakal Newcastle
Aboriginal Co-operative Ltd
Department of Human
Services
Royal Prince Alfred Hospital
Youth Solutions

NT

Inge Baumann-May
Catherine Devine
Jessica Hagley
Catherine Malla
Lynette O'Donoghue
Catherine Street
Lisa Thompson
Nerissa Tromp
Cara Waller

QLD

Judy Adsett
Diane Bakon
Clinton Bazley
Pele Bennet
Margot Borovac
Georgia Carstensen
Jon Clair
Rachel Cole
Nicole Cool
Joy Dyer
Faeka El Sayed
Gloria Feather
Dominique Finney
Lotte Franks
Thea Grenfell
Jo Horigan
Karen Howarth
Bridie Kean
Natalie Lorroway
Janya McCalman
Sarah Mellis
Leah Meron
Mark Mitchell
Ana Mladenovic
Natalie molyneux
Samantha Mulcahy

Robert Muscolino
Mandy Nielsen
Jenni Nowland
Sanjoti Parekh
Sylvia Ramsay
Sam Rees
Louise Robertson
Tanya Saldanha
Lauren Spencer
Sjane Stevens
Leah Stevenson
Clare Stride
Louise Taylor
Ruth Taylor Newby
Caroline Terranova
Emma Thomas
Ron Thompson
Susan Upham
Deborah Ward-Mackay
Melanie Wassell
Library Services – FSWQ
ATODS - Health Promotion
& Prevention
Ayr Health Service
Girudala Community
Cooperative Society Ltd

SA

Razlyn Abdul Rahim
Derick Akompab
Lori Baugh Littlejohns
Georgina Bickley
Hope Bunyan
Susan Cameron
Simon Clark
Rosanna Filippone
Aaron Griffiths
Carolyn Habib
Monique Harding

Barbara James
Syed Munib Janud
Jane Jenner
Rachel Katterl
Jessica Law
Peter Lekkas
Claire Lockwood
Vivien Luu
Ning Ma
Zoe Marsden
Susie Meleng
William Mude
Emily Murphy
Akii Ngo
Georgia Nichols-Pavy
Lauren Noble
Serene Phillips
Amelia Purvis
Rachel Rice
Mikayla Rose
Si Si
Laura Simeone
Sima Veroyan
Alan Warburton

TAS

Amelia James
Deborah Church
Deborah Patricia O'Duffy
Rose Tasker

VIC

Claire Banks
Cate Bradley
Pieta Bucello
Fiona Cameron
Ria Carmichael
Brydie clarke

Ashleigh Cochrane
Laura Collins
Caroline Comoy
Michelle Conner
Matthew Dale
Naomi Dashwood
Caroline de Moel
Robyn Edgar
Tracey Egan
Lauren Fitzgerald
Hannah George
Jeanette Greer
Cynthia Grenfell
Margaret Hansford
Jenna Hepburn
Diana Hicks
Jade Johnson
Nicole Johnson
Sarah Jury
Valerie Kay
Claire Kenna
Jessica King
Catherine Lancaster
Kerryn Lewis
Marlene Majella
Erin McEnery
Jodie McGough
Joanne McInnes
Catherine McKinnon
Katherine Meyer
Jeremy Miller
Sally Missing
Jacinta Moylan
Treasure Ndhlela
Katrina Nurse
Jessica Orr
Rachel Page
Ellie Parfitt

Seona Powell
Merryn Prince
Amy Proberts
Lynne Quick
Viviana Ramos
Sally Rossiter
Rebecca Stalker 60
Carol Stewart
Julia Stoneham
Rosamaria Tascone-Marolda
Rasha Tayeh
Emily Trembath
Angela Vidic
Lauren Waycott
Lucinda Westerman
Courtney White
Linda Williamson
Maria Zissimos-Toscas
Ambulance Victoria (x2)
BreastScreen Victoria
Cancer Council Victoria
City of Wodonga
Gannawarra Shire Council
Knox City Council
Red Dust Role Models Ltd

WA

Marie Attfield
Liz Bradshaw
Helen Cromie
Ashleigh Easthope
Deahnn Fanderlinden
Emma-Lee Finch
Megan Harrison
Emma Hawkins
April Herbert
Linda Jackson
Sarah Jones

Madeleine Kelly
Fiona Lewis
Julia Mathazia
Stephanie Mcfaull
Carol Nevin
Michelle Ng
Emma Nixon
Perth Primary Care Network
Emma Petersen
Ashlee Potocznyj
Lynn Priddis
Lauren Rive
Corrienne Rossouw
Child & Adolescent
Community Health Perth
Community West Inc
Woodvale
Perth Primary Care Network

International

Amanda Hayes HK
Thai Health Promotion
Foundation

Update

Newsletter of the Australian Health Promotion Association

Advertising Price Guide

June 2012 – All prices inclusive of GST

Eighth page advertisement (landscape)

Members \$25.00

Non members \$35.00

Quarter page advertisement (portrait)

Members \$35.00

Non members \$45.00

One third of a page advertisement (portrait)

Members \$45.00

Non members \$55.00

Half page advertisement (landscape/portrait)

Members \$55.00

Non members \$65.00

Full page advertisement (portrait)

Members \$65.00

Non members \$95.00

Bookings for advertising in *Update* must be received two weeks prior to the deadline for submission of articles.

The deadline for the next *Update* is **26 September 2012.**

Please provide all text in Word and pictures and photos as picture files eg JPG.

Additional costs will apply if typesetting or layout is required.

Articles appearing in the *Update* do not necessarily reflect the views of the Australian Health Promotion Association.

Contributions are welcome and for the September 2012 edition please send to admin@healthpromotion.org.au

Are your colleagues members of AHPA?

If not, direct them to AHPA's website at <http://www.healthpromotion.org.au/membership> to read about the benefits of becoming an AHPA member. Joining online is just a click away – sooooo easy.

To renew your membership do so online – just click on the 'Renew Now' button at <http://www.healthpromotion.org.au/membership>