

# Update

Newsletter of the Australian Health Promotion Association

## December 2012

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### FROM THE PRESIDENT

Suzanne Gleeson National President AHPA

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2012 has been a very busy and productive year for AHPA. One of the many highlights included the Population Health Congress which was a successful event in which many members participated and many volunteered their time and energy via the Board or Committees to help make it happen. In the September edition of Update we published one of the Congress scholarship winner's view on what was important for her. In this edition we publish another scholarship winner's Congress experience. Her paper, 'The fire in the belly is there - where's the leadership to facilitate political action?' focuses on the need for leadership, a recurring theme during the Congress. For those who couldn't make it to Adelaide, the keynote presentations from the 2012 Population Health Congress are available on AHPA's website at <http://www.healthpromotion.org.au/events/past-events/356-population-health-congress-2012>

Another important event that we have been busily working towards is AHPA's 21st National Conference which will be held on the shores of Sydney's beautiful harbour in June next year. The NSW Branch are the hosts and as many know who have planned national conferences, the time, dedication, energy and work this entails is enormous. The Conference website is highlighted throughout this Update and I encourage as many of you as possible to submit abstracts, to share your work and network with your colleagues and to be with them in June in Sydney.

Last edition we lamented the destruction of the health promotion workforce in Queensland. Now we have the news that all SA health promotion funding for Local Health Networks will cease from 30 June 2013. This is a cut of just over 4 million dollars and 41 FTE positions. While our thoughts are with our colleagues there has been a lot of work done and to ensure the successes and advances of health promotion can be continued. In the Communique from the Population Health Congress 2012, the host organizations all acknowledged that cuts to public health services impact heavily on marginalised and disadvantaged communities and that we will work collectively to ensure expansion of resources for health promotion and population health, and for effective inclusion of health promotion/ population health into Medicare Locals. Next year is a Federal Election so the collective advocacy action intensify!

For now a heartfelt thank you to the Board, the members of all committees and working groups across the branches, AHPA's contractors, the editors old and new, and all members. May each and every one of you have a safe and healthy Christmas and a very happy New Year.

Until 2013 ...

## For the toolbox...

Compiled by Suzanne Gleeson

### Global Burden of Disease 2010 Study Launched - free podcasts and Lancet access

The Global Burden of Disease Study 2010 (GBD 2010) is the largest ever systematic effort to describe the global distribution and causes of a wide array of major diseases, injuries, and health risk factors. The study is described by Lancet Editor-in-Chief Dr Richard Horton as "a critical contribution to our understanding of present and future health priorities for countries and the global community."

The Lancet has very generously made all contents of this vast global health project available free of charge on their website. <http://www.thelancet.com/themed/global-burden-of-disease> The themed issue is a triple issue to be produced over the Christmas and New Year period. The front cover dates of this edition are December 15 and 29 December 2012.

Also available are 3 podcasts. Podcast 1 - December 13 - Dr Horton, Lancet Editor-in-Chief, provides the background and development of the project. Podcast 2 - December 14 - Professor Chris Murray the main author gives more detail on the 7 research articles that make up the core of the GBD 2010 project. Podcast 3 planned for round December 18 or 19 (date tbc) Dr Horton, Lancet Editor-in-Chief will provide highlights of a special conference held in London on December 14 to analyse the project's data and to determine next steps and implications for global health policy. Podcasts at <http://download.thelancet.com/flatcontentassets/audio/lancet/2012/13december.mp3>

### Health in All Policies: Evaluating the South Australian Approach to Intersectoral Action for Health

<http://journal.cpha.ca/index.php/cjph/article/view/2969>

Written by Angela P. Lawless, Carmel Williams, Catherine Hurley, Deborah Wildgoose, Amy Sawford, Ilona Kickbusch. Can J Public Health 2012;103(Suppl. 1):S15-S19

Conclusion: There have long been calls for intersectoral action in order to achieve public policy supportive of positive health outcomes. Evaluation to date suggests that the HIA is a promising means of moving the agenda from policy rhetoric to policy action

### The Community Toolbox

<http://ctb.ku.edu/en/default.aspx>

The Community Tool Box is a global resource for free information on essential skills for building healthy communities. It offers more than 7,000 pages of practical guidance in creating change and improvement. What's inside the Community Tool Box? Loads of practical resources.

The Community Tool Box is a service of the Work Group for Community Health and Development at the University of Kansas.

### Social Justice Report 2012 Report

Mr Mick Gooda, the Aboriginal and Torres Strait Islander Social Justice Commissioner, recently released his social justice report and it can be accessed at [http://humanrights.gov.au/social\\_justice/sj\\_report/sjreport12/index.html](http://humanrights.gov.au/social_justice/sj_report/sjreport12/index.html)

This report covers the 'review developments in the enjoyment and exercise of human rights by Aboriginal and Torres Strait Islander peoples between 1 July 2011 – 30 June 2012.

... the focus is on the theme of governance, giving consideration to what enables effective, legitimate and culturally relevant governance in Aboriginal and Torres Strait Islander communities ... a number of cases studies illustrate why this focus is so important.'

### ABS Environmental Issues report . Environmental views and behaviour 2011-12

Concern about environmental issues, perceptions of the environment in Australia.

<http://www.abs.gov.au/ausstats/abs@.nsf/mf/4626.0.55.001?OpenDocument>

Australians are less concerned and more optimistic about the environment. Australians' concerns and attitudes to the environment have shifted over the past few years. In 2011–12 62% of people aged 18 years and over were concerned about environmental problems in general in Australia compared with 82% in 2007–08

### Walking, Riding and Access to Public Transport DRAFT REPORT FOR DISCUSSION

The Department of Infrastructure and Transport seeks your views on walking and riding for transport purposes, and improved access to public transport. Your feedback will guide the Department's policy development process.

Make a submission to the:

[Walking, Riding and Access to Public Transport – Draft report for discussion](#)

Submissions will be accepted until 5pm on 31 January 2013.

### International walking and cycling resources, evidence reviews and reports

<http://www.nice.org.uk/guidance/index.jsp?action=byID&o=13428>

NICE (the UK's National Institute for Clinical Excellence) has listed a number of walking and cycling measures to promote walking and cycling as forms of travel or recreation.

Evidence reviews and reports on the assessment of the wider impact of walking and cycling on health and other issues, such as congestion, climate change and the local economy are available at the NICE website.

### Why inequality Matters – a new booklet goes from strength to strength

A free download is available at

<http://www.myfairlondon.org.uk/wp-content/uploads/2012/09/why-inequality-matters.pdf>

This is a new booklet produced by members of My Fair London in association with The Equality Trust in response to requests from UK politicians, trade unionists, and members of the public. It effectively summarises the key points of The Spirit Level and provides additional useful facts and information about the state of inequality in the UK as well as dealing with some policy options for how it might be addressed. The Equality trust writes that the book has helped push equality up the political agenda. A third of backbench MPs have endorsed the message of the book, hundreds of articles have been written about it, and the authors have presented the findings to leading politicians, academics, and opinion formers across the world, from Washington to Macau, from Berlin to Brisbane.

## WHO QualityRights Tool Kit – mental health and social care services

In June 2012 WHO launched their QualityRights Tool Kit. The Tool Kit sets the key quality and human rights standards that need to be met in all mental health and social care facilities. It also provides guidance on how to conduct a comprehensive assessment, report findings and make recommendations to end violations and improve quality and human rights in facilities. To learn more about the toolkit visit the QualityRights launch at the New York event and listen to the speakers: [http://www.who.int/mental\\_health/policy/quality\\_rights/qrs\\_tool\\_kit\\_launch/en/index.html](http://www.who.int/mental_health/policy/quality_rights/qrs_tool_kit_launch/en/index.html)

To download the WHO QualityRights tool Kit [http://www.who.int/mental\\_health/publications/QualityRights\\_toolkit/en/index.html](http://www.who.int/mental_health/publications/QualityRights_toolkit/en/index.html)

If your organisation is in a position to financially support the implementation of QualityRights please contact Michelle Funk at WHO [funkm@who.int](mailto:funkm@who.int)

## Because mental health matters: Using policy to promote mental health and wellbeing An introduction for policy makers

[http://docs.health.vic.gov.au/docs/doc/C2E6B62830B45BoDCA2578CC00191E9A/\\$FILE/policy.pdf](http://docs.health.vic.gov.au/docs/doc/C2E6B62830B45BoDCA2578CC00191E9A/$FILE/policy.pdf)

This guide produced by the Victorian Department of Health is intended to encourage and enable policy makers in Victoria to systematically consider the social and environmental determinants of mental health when developing or reviewing policy or programs. While the intended audience is policy and decision makers in state and local government, the principles outlined will also be useful for others who may be designing or evaluating mental health promotion programs.

## Climate and Health Alliance (CAHA)

<http://caha.org.au/>

The Climate and Health Alliance is a coalition of organisations and individuals from the health sector, and includes health care professionals, health care service providers, institutions, academics, researchers, and health care consumers. Its purpose is to see the threat of climate change addressed through prompt policy action.

CAHA invite interested organisations and individuals from the health sector to join them and for others to support their work by volunteering or making a donation.

The CAHA website is a mine of up-to-the minute information on all things to do with climate change and health – media releases, tools for sustainable healthcare, global green and healthy hospitals agenda, research updates, updates on current programs, latest reports and what's in the news – all on the CAHA website. Be informed and involved - go to <http://caha.org.au/>

## Healthi(er) Mince Pies

submitted by David Towl

### For the Mincemeat

2 finely chopped (gala) apples  
1 cup raisins  
1 cup sultanas  
1/4 cup finely chopped blanched almonds  
1/4 cup finely chopped hazelnuts  
1 tbsp vanilla extract  
1/2 cup apricots  
1tbsp linseeds  
3 tbsp agave nectar  
1-2tsp mixed spice  
1 tsp cinnamon  
pinch cloves, ginger and nutmeg  
5-10 tbsp water (you may find you need to put more in to keep it at the right consistency)

Cook for about 30 minutes to 1 hour until it achieves a pulpy consistency and the flavours have mixed thoroughly, than leave overnight.

While your healthy mincemeat is simmering, make the pastry, to put in the fridge overnight also.

### For the Pastry

Mix 225g of Plain Flour and 17g of butter substitute (margarine etc) until they form into a breadcrumb consistency

Add 65g caster sugar and 1 beaten egg. Bring it together into a dough, wrap in cling film and leave in the fridge overnight, or for at least 1 hour.

The following morning, roll out your flour as thinly as you dare. and cut out circles for your bases, and smaller circles for your tops.

Put the bases in a lightly greased muffin tin, and fill as much as you can with your mincemeat, then top with the smaller circles (or festive shapes) and egg wash.

Put in the oven for 15 minutes, or until golden.

And then enjoy!

## Branch Round Up

### VICTORIA // Andrew Jones-Roberts

**Skills Development and Member Relations.** In the lead up to Christmas, the Victorian Branch continues to focus its work on three core areas: Skill Development, Career Paths and Member Relations. The work of these groups is actioned by groups of committed members from the branch to achieve the annual workplan and provide great networking opportunities for practitioners and useful skills for health promotion students. If you would like to be involved in helping the Victorian branch with their work by joining one of the three working groups, send an email to [VICBranch@healthpromotion.org.au](mailto:VICBranch@healthpromotion.org.au) for more information and to be connected to the working group chair.

**Career Paths.** In October, 15 participants attended the 'Establishing Sustainable Mentoring Relationships' delivered by Mandy Geary Consulting. The evaluation indicated that it was a rich forum for networking.

As always, you can connect with other branch members through AHPA Victoria's LinkedIn page and through the regular email updates. If you want to know more about anything related to the branch, please contact us via [VICBranch@healthpromotion.org.au](mailto:VICBranch@healthpromotion.org.au).

Thank you and have a happy, safe and healthy festive season.

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### WESTERN AUSTRALIA // Gemma Crawford

The WA Branch has had a busy year and committee members are looking forward to a well-deserved break over Christmas and New Year before ramping up activity for 2013. I would like to take this opportunity to thank all of the WA committee members and ex-officio supporters for their hard work and dedication throughout the year.

**Professional Development:** The branch has conducted a number of events including:

A *Mums in Health Promotion* group event.

A *Professionalisation of Health Promotion Consultation* forum with speakers Daryl Sadgrove and Trevor Shilton. This event was attended by around 25 participants in Perth with a further 10 participants on video conference from around the state. The forum was well received with robust and spirited debate from all involved. The WA Branch is now putting together recommendations and feedback for the Association.

An end of year celebration for committee and members in early December. The event was an opportunity to celebrate the achievements of the year and network with friends and colleagues.

**Scholarships:** Applications are now closed for the 2013 AHPA (WA Branch) Healthway Scholarships Program which will mark 20 years of partnership with Healthway. The WA Branch and colleagues are writing an article and several conference abstracts to celebrate this important milestone. The 2013 graduate recipients have now been interviewed and selected. They will be starting their projects in February 2013. The review of the Aboriginal and Torres Strait Islander component of the program is now complete and the Branch is working on recommendations for its future roll out.

**Planning for 2013:** The branch Annual General Meeting will be held on February 26 where the Emerging Leader in Health Promotion and Outstanding Mentor Awards will be conferred. Professor Margaret Barry, the WACHPR 2013 Healthway Visiting Fellow will present the Ray James Memorial Lecture.

We wish all of our members and supporters all the very best for a happy festive season and look forward to seeing you all in 2013.

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### QUEENSLAND // Elisha McGuiness

**Workforce.** As the door closes on a challenging 2012 for health promoters in Queensland we are diligently working and sincerely hope that next year will bring with it new and positive opportunities to deliver health promotion services to the people of Queensland. Many changes are still occurring with the redesign of Queensland Health, formation of Medicare Locals and changes to the way in which NGO's are funded to deliver prevention activities.

**Branch AGM 2013.** The Queensland Branch will hold its AGM in February and from there the new executive will continue to execute the current operational plan and will also consider what additional strategies are required in the new, changed environment. Nominations for the executive will be opening very soon and all members will be informed via email.

**Professional Development and Partnerships.** The year has closed with some great achievements. As a branch we have begun engaging with the Medicare Locals across the state and have invited them to join as members of AHPA.

Queensland University of Technology hosted a hugely popular and successful forum titled "Making Queenslanders Healthier" lead by Professor Mary-Lou Fleming. The event dissected the need for a cross sectoral approach to prevention and examined the issue of becoming a 'Nanny State' and of course the ongoing challenge of ensuring government investment in health promotion is compatible with the upstream model of prevention and health promotion. The link will soon be available on the Branch webpage so keep an eye out.

Watch for the usual "How to get that job in health promotion" workshop that has been postponed until early next year while it undergoes review and redesign.

Branch planning for the 2013 Professional Development events are also underway.

**Thank you and Merry Christmas.** Finally, the branch executive are all looking forward to a well earned Christmas break and will all head to enjoy the beautiful beaches, rivers, reefs and rainforests of Queensland!

So from all of us, from the Gold Coast to the Torres Strait, we wish you a very Merry Christmas! See you in 2013!

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**SOUTH AUSTRALIA // Janette Young**

Since the September Update, there has been a change of President in SA. Janine Phillips has stepped down due to family commitments and Janette Young has moved into the role from Vice President. Thanks to the great support from the Executive Committee the transition has been smooth.

**Advocating for the Profession.** Health promotion advocacy has been the recent focus of the branch with AHPA SA joining with state PHAA representatives to meet with the Minister about health promotion changes in SA. At the time of writing a meeting had been promised with the Minister's representative but not scheduled and initial changes have been announced; all health promotion funding for Local Health Networks will cease from June 30 2013. This is a cut of just over 4 million dollars and 41 FTEs. A review of centralised health promotion is also underway.

**Partnership advocacy.** Moves are afoot in partnership with PHAA and SACOSS to initiate a campaign responding to the report that has led to the axing of these areas. As in other states, these cuts will have devastating consequences for long term health and wellbeing in the state as well as immediate and long term impacts on the health promotion workforce. Several members of the SA Committee and SA people on the National Board are directly affected by these cuts. However, it is for this reason that moving ahead with the Professionalising Health Promotion project is more important than ever; giving the profession a voice and increasing the profile of health promotion workers as skilled and valued professionals in the health care of Australians.

**Mentoring.** On a happier note, the SA Mentoring Program jointly held with PHAA, SA and NT AHPA branch has come to another successful conclusion. A record number of 27 mentees applied to participate in SA with one of these matched with a mentor from NT. We had an additional 4 mentees in NT who were matched with mentors from there. 20 attended the celebration at the end of the program.

The evaluation has been very positive with most mentees and mentors finding it fulfilling or very fulfilling and most mentees identifying that they were able to reach their objectives. Most mentees thought their mentor was a good match and even when they had different interests there was still the common link of health promotion and public health knowledge and research skills. Most mentors were keen to volunteer again and one wants to come back as a mentee. Constructive ideas from country members included organising events that align with their training in Adelaide and matching pairs by locality. Other suggestions included having a mid-program social networking event so all participants can share their ideas, more guidance for mentees to develop their objectives

and a longer program. If you are considering participating next year watch for the promotional email in April 2013.

**Awards for excellence.** In addition to the mentoring program and its associated activities, there has also been a post-Congress event with PHAA, where 2 important awards were presented. Congratulations to Lisa Cockington who was awarded the AHPA Primary Health Care Practitioner Award. The PHAA Kerry Kirke Student Award for excellence in research went to Caroline Miller for her PhD work on the impact of plain cigarette packaging.

**Governance.** Our AGM is in February and many current committee members are moving on. It will be interesting to see what impacts the changing job situation has on membership and participation in AHPA. In tune with other branches we have had difficulties convening a quorum on a regular basis this year but have ideas as to address this in 2013.

Thank you to everyone who has worked with SA Branch this year with a special thanks to Janine Phillips for her time and efforts while President of the SA Branch. We are pleased to say that Janine is continuing as Director on AHPA's Board.



**Kate Kamaniar & Natasha Howard (PHAA) with Janette Young & Jane Barnett (AHPA) at the completion of the 2012 Mentor Program event.**

**NEW SOUTH WALES // Karen Bedford**

**Planning for AHPA's 2013 National Conference.** Planning is progressing well for AHPA's 21st National Conference, Changing Settings: liveable, vibrant, healthy places next year. We are pleased to announce that Dr Mark Dooris from the UK, an expert of world renown on the topic of health promotion settings, has accepted AHPA's invitation to be a key note speaker. Several National speakers have been approached and the list of those accepting is growing. The Scientific Committee has called for submission of abstracts open until 15 February 2013. Information on submitting abstracts and interactive workshops is available at [www.ahpa2013.com.au](http://www.ahpa2013.com.au). The conference information can also be accessed via AHPA's website at [www.healthpromotion.org.au](http://www.healthpromotion.org.au). The call for abstract reviewers will be going out in early February 2013 so we encourage those with experience in critical review to watch for this email and to join us in that task. Also in planning is AHPA's Aboriginal and Torres Strait Islander pre-conference workshop that is customarily a full day workshop held on the Sunday prior to the 3-day conference.

**Student volunteers.** Early 2013 we will be sending out an email calling for expressions of interest from NSW Branch student members to volunteer to assist with the conference from the 16 to 19 June 2013. We know from past experience that students enjoy this role, they benefit from the networking and presentations, and they are crucial to the smooth running of the conference.

**Professionalising Health Promotion Project Consultation Forum.** On the 10 December, NSW Branch hosted a face to face consultation with the project consultant. The discussion on the draft paper was lively, robust, useful, interesting, informative and informed. A summary paper from the consultation has been written and will be forwarded to the AHPA Project Steering Committee and the Consultant for inclusion in the next draft of the paper.

**Professional Development:** The NSW Branch provided sponsorship for the NSW Health Promotion Symposium held in Sydney in November, where over 200 people attended from all over NSW. The NSW Branch used that opportunity to encourage delegates to become individual members of AHPA and also encouraged delegates to be involved and to attend the national health promotion conference next year.

Please visit the conference website [www.ahpa2013.com.au](http://www.ahpa2013.com.au) to stay in touch with conference updates and do get your abstracts in by the 15 February 2013.

# The fire in the belly is there - where's the leadership to facilitate political action?

Cheryl Hutchins - AHPA Congress scholarship winner's report

The first day of the Population Health Congress (Adelaide September 2012) issued the delegates with a challenge and a dilemma, which, lingered as a theme in many of the presentations I attended. That is, the need for leadership and advocacy in the face of pressures, which act to silence our colleagues. Richard Horton, Chief Editor of the Lancet, compelled the public health workforce to become more politically active to address the large emerging issues facing health such as inequality in nutrition, increasing physical inactivity, and violence across the Middle East. He suggested that public health education could address this lack of political advocacy with better skills to face changing human need coupled with large scale environmental change and provide leadership.

The next presentation from David Legge and Debbie Gleeson provided an opportunity for the conference delegates to get more politically involved. They described the potential threats the transpacific partnership (TPP) could have to Australia's universal health system.

Fran Baum interviewed many past state health ministers to discover why the social determinants of health agenda, spearheaded by the World Health Organization had not been adopted more widely. She found that in a system dominated by the power of acute medicine and primary care, ministers found it difficult to raise the profile of the determinants without the support of a policy entrepreneur within the ranks of the bureaucracy. That is, a clear thinker, within the senior ranks of government who could lead the political and policy process required to raise the profile of the issue. There is a 'vacancy', in other words, for a strong public health advocate.

It strikes me that leadership is what these speakers were calling for, a unifying voice, and a mechanism to facilitate political action. This need for a greater critical voice was set against a trend which encouraged more collusion with government, as

public health specialists are kept busy planning and creating systems for public health agendas set by government. In times of austerity, Richard Horton remarked that as the welfare state is stripped away, the need for a public health voice is even greater, but we have become a silent witness to the changes.

This prediction seemed all too close to home while we all sat comfortably in the warmth of the Adelaide Convention Centre and our colleagues in Queensland (whose absence was painfully obvious) were facing obliteration and an anxious wait to see who had retained their job.

If there was ever the need for a strong peak body to provide the independent voice, the time is now. It is time the population health organisations sort a real way for greater cooperation, to identify common ground, and establish a mechanism for collaboration and most importantly to pool resources.

I am energised by AHPA's recent call to action to support our colleagues in Queensland and I want to hear about more opportunities to become engaged in the big issues like the TPP, described by David Legge and Deb Gleeson. The large interactive sessions at the conference showed there are many people who have a fire in the belly, now to harness that energy and provide the voice.

## AHPA Professionalising Health Promotion Project

Andrew Jones-Roberts, Janine Phillips and Kirsty Tinsley

Phase 2 of the project is well underway. The phase 1 Discussion Paper has been on the website for comment for several weeks now. Thank you to those members who have submitted feedback.

Presentations have been held with all states either via face-to-face forums or webinars to share the background and recommendations from the Discussion Paper. These sessions enabled people to ask questions about the project and make comments about the paper. These comments will be used to finalise the options and then work will begin on testing their feasibility. This will include:

1. comparing the effectiveness, efficiency and appropriateness of the options
2. exploring the leadership, strategic, operational, governance and funding implications of implementation and
3. identifying the needs, interests and opportunities for key stakeholders such as the tertiary sector and employers.

As part of the process of stakeholder engagement, a meeting was held in early December with Cheryl Hutchins from ANPHA.

In addition, a working group will be established to determine the standards and criteria needed for certification of the workforce, which relates to option 1. This working group will include members of the National Career Structures and Development Working Group as well as other industry experts.

## Events and conferences

### THE HEALTH PROMOTION CONFERENCE FOR 2013 – ABSTRACTS OPEN

#### AHPA's 21st Australian Health Promotion Association's National Conference

Darling Harbour Sydney NSW

17 – 19 June 2013

This conference will host leading international and national speakers showcasing the latest information, issues and programs in health promotion settings. Visit the Conference website for regular updates [www.ahpa2013.com.au](http://www.ahpa2013.com.au).

### JANUARY 2013

#### The 5th Annual Australian Cycling Conference – Everybody's Cycling?

The Science Exchange 55 Exchange Place Adelaide

21-22 January 2013

The Australian Cycling Conference aims to develop the quality of cycling research, planning and infrastructure provision in Australasia.

<http://www.australiancyclingconference.org/>

### MAY 2013

#### Gender Matters: Determining Women's Health

Sofitel Sydney Wentworth Sydney

7-10 May 2013

The 7th Australian Women's Conference will continue Australia's focus on showcasing cutting edge research and best practice approaches in women's health policy and practice locally, across Australia and internationally.

### JUNE 2013

AHPA's PREMIER EVENT OF THE YEAR.

#### Changing Settings: liveable, vibrant, healthy places

#### 21st Australian Health Promotion Association's National Conference

Darling Harbour Sydney NSW

17 – 19 June 2013

Visit the Conference website for regular updates

[www.ahpa2013.com.au](http://www.ahpa2013.com.au).

#### The 8th Global Conference on Health Promotion 2013

Helsinki Finland

10-14 June 2013

The 8th Global Conference on Health Promotion (8GCHP) will be held at the Finlandia Hall in Helsinki, Finland, on June 10-14 2013. The conference is co-organized by the World Health Organization (WHO) and the Ministry of Social Affairs and Health of Finland.

Participation at the Conference is by invitation only. Further information: [healthpromotion@who.int](mailto:healthpromotion@who.int) The Conference will assess achievements and aims for health promotion globally from Ottawa to Nairobi. It aims to address what works and how, identifying options for action, available processes, mechanisms and tools.

### AUGUST 2013

#### 21st IUHPE World Conference on Health Promotion: Best Investments for Health

Pattaya Thailand

25-29 August 2013

The conference aims to contribute to the development of equity and social justice across the globe by offering a unique platform for dialogue on the best investments for health between participants from various sectors from all over the world.

<http://www.iuhpe.org/index.html?page=33&lang=en>

<http://www.iuhpe.org/index.html?page=33&lang=en>

### SEPTEMBER 2013

#### A "fair go" for health: tackling physical, social and psychological inequality

Hilton on the Park, Melbourne

16 - 18 September 2013

PHAA 42nd Annual Conference

[http://www.phaa.net.au/42nd\\_Annual\\_Conference.php](http://www.phaa.net.au/42nd_Annual_Conference.php)



**21st** National Conference  
**Australian Health Promotion Association**  
 17-19 June 2013  
 Sydney Convention & Exhibition Centre, Darling Harbour, Sydney Australia

*Important dates*

**Abstract submissions open** Monday 26 November 2012

**Abstract submissions close** 11.59pm Sunday 17 February 2013

**Abstract review** starts 22 February | finishes 4 March 2013

**Acceptances notified by** Friday 11 March 2013

**Presenter and Early Bird registrations due** Tuesday 9 April 2013

**Visit [www.ahpa2013.com.au](http://www.ahpa2013.com.au) for regular updates**

## Welcome to new members

### ACT

Angelica Trias  
Emma Woolley  
Jennie Roe  
Samarth Rao  
Summer May Finlay

### NSW

Amy Bloom  
Annette Farrell  
Audrey Lowrie  
Bridget Foley  
Emily Killen  
Huilan Xu  
Jerome Conway  
Joanna An  
Karen Butler  
Lauren Ognenovski  
Li Ming Wen  
Melissa Tidd  
Motlalepula Mokotedi  
Rebecca Jenkins  
Susan Guest  
Susan Williams  
Tess Cooper

### NT

Margo Bell  
Susan Stewart

### QLD

Alana Croucher  
Cath Brown  
Catherine Cleary  
Connie Allen

Eva Songcuan  
Gemma Elliott  
Grace Lutheran College Library  
Hylda Wapau  
Jasmin Scholl  
Kristina Gawith  
Lauren Lilburne  
Lydia Mainey  
Madonna Kennedy  
Meghan Cox  
Melissa Hill  
Michael Kastrissios  
Nicola Garrett  
Nike Henze  
Pam Thomson  
Peta Quinn  
Rachel Jones  
Ravena Ingham  
Rochelle Smith  
Roxanne Bainbridge  
Roya Anvari  
Scott Brown  
Shani Haworth  
Simba Sigauke

### SA

Alberthina Kayame  
Amy Watts  
Andrea Barclay  
Bridget Senyszyn  
Jordan Kostadinov  
Jessica Thomas  
Julie Walter  
Kirstie McLean  
Kristen Rodgers

Lauren Guscott  
Lauren Walker  
Peter Stewart  
Samantha Morris  
Simone Pavils  
Sinead Watt  
Stefania Velardo  
Tina Wong

### VIC

Breanna Doody  
Carol Stewart-Smith  
Catherine Pearson  
Central Highlands  
Primary Care Partnership  
Cheryl Lim  
Chris Rush  
Claire Steiner  
Claire Turnbull  
Dimitri Batras  
Fiona Blee  
Jayne Buckle  
Jessica Wong  
John Gannon  
Kate Buller  
Kristina Hone  
Kristina Stefanovska  
Louisa Mitchell  
Melinda Phillips  
Molly Couche  
Neema Mutungi  
Nicola Howell  
Olivia Manzart  
Rani Closter  
Sarah Every

Sarah Lausberg  
Shen Lee  
Southern School of  
Natural Therapies  
Tara Cramer  
Teagan Knight  
Vicky Cogley

### WA

Dale Brown  
Corinne Zadow  
Stacey-Mae  
Prokopyszyn  
Sokunthea Kruey  
Meagan Roberts  
Fiona Ronchi  
Holly Scott  
Anna Vuko  
Megan Press  
Elsie-Jane  
Chipper Andrea  
Jansen Van Rensburg  
Nicole Steele  
Anita Phillips  
Emma Groves  
Lydia Cook  
Tara McEwan  
Rebecca Murray  
Caitlin Bennett  
Farmsafe WA Alliance  
Inc.  
Christine Skehan  
Nyssa Retsas  
Child Health Promotion  
Research Centre  
Ryan Gibson

Bethwyn Hodge  
Verity Sassella-Otley  
Becky White  
Meaghan Threlfo  
Gianna Chiffelle  
Leah Adams  
Ruth Aspinall  
Ali Anwaar

Crane Richard  
Yazeed Kaud  
Mohammed Altamimi  
City of Perth  
Karen Lombardi  
Melissa Pickering  
Courtney Koenig  
Matthew Yap  
Kristen Hunt  
Alexandra White  
Melinda Edmunds  
Department of Sport  
and Recreation WA  
Marija Karanfilovska  
Michaela Haley  
Kimberley Aboriginal  
Medical Services  
Council Inc  
Amanda Douglas-Watson  
Nutrition Australia WA  
Division  
Lauren Blekkenhorst  
Janet Baxter  
Perth South Coastal  
Medicare Local  
WALGA

### INTERNATIONAL

#### Thailand

Onwilasini Stewart

#### Switzerland

Amy Roche

#### United Arab Emirates

Dubai Health Authority-  
Primary Health Care Sector

# Update

Newsletter of the Australian Health Promotion Association

## Advertising Price Guide

September 2012 – All prices inclusive of GST

### Eighth page advertisement (landscape)

Members \$25.00

Non members \$35.00

### Quarter page advertisement (portrait)

Members \$35.00

Non members \$45.00

### One third of a page advertisement (portrait)

Members \$45.00

Non members \$55.00

### Half page advertisement (landscape/portrait)

Members \$55.00

Non members \$65.00

### Full page advertisement (portrait)

Members \$65.00

Non members \$95.00

Bookings for advertising in *Update* must be received two weeks prior to the deadline for submission of articles.

The deadline for the next *Update* is **4 March 2013.**

Please provide all text in Word and pictures and photos as picture files eg JPG.

Additional costs will apply if typesetting or layout is required.

Send your copy to [admin@healthpromotion.org.au](mailto:admin@healthpromotion.org.au)

Articles appearing in the *Update* do not necessarily reflect the views of the Australian Health Promotion Association.

Contributions are welcome and for the March 2013 edition please send to [admin@healthpromotion.org.au](mailto:admin@healthpromotion.org.au)

## Are your colleagues members of AHPA?

If not, direct them to AHPA's website at <http://www.healthpromotion.org.au/membership> to read about the benefits of becoming an AHPA member. Online membership is just a click away – it is that easy.

To renew your membership do so online – just click on the 'Renew Now' button at <http://www.healthpromotion.org.au/membership>