

Update

Newsletter of the Australian Health Promotion Association

December 2011

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FROM THE PRESIDENT

Suzanne Gleeson National President AHPA

2011 – A year of change

As I look back over 2011 – the year for the Australian Health Promotion Association has been one of change. People who work in health are familiar with change. Experience teaches us that change can, initially, be daunting and sometimes confusing, but it also provides exciting challenges and opportunities – opportunities for reflection, for new directions, for new beginnings.

AHPA's year began with an external review of the governance of the Association which provided the Board with recommendations in several important governance and operational areas essential for AHPA's future development. The review's recommendations have, and will continue, to guide the Board's decisions, planning and implementation of the best governance practices and procedures available to ensure AHPA continues to grow as a vibrant representative of those working in and for health promotion.

As you know from the Board's earlier email communiqué to members – the national office is in the throes of relocating to Sydney. This has made enormous demands on the Board's time and has been, on occasions, a little frustrating juggling and organising all that has had to be done. However, the Board has met the task and all it involves with passion, enthusiasm, skill, and commitment. For which I unreservedly, publicly acknowledge and thank all involved.

Change in location for the AHPA National Office from Queensland to NSW has of course required changes to contact details. You will find a list of all the changed contact details at the end of this newsletter. Contact changes have also been made on AHPA's website plus we will send an email to all members listing these changes. I'd also like to take this opportunity to thank members for the patience and understanding they have shown during this relocation period.

On behalf of the Board I wish all our members a very safe and happy Christmas holiday period. For me this period is about making time for family, relaxing, sharing and reflecting on what has been and what will be. It is also a time of goodwill to all so it is a good time to think about helping other people. A time to share our good fortune with our neighbours in need throughout Australia and across the world. You can brighten another's world by donating through any number of humanitarian organisations. I have listed a few ideas below – there are many others – some small, some big but all good.

/ FROM THE PRESIDENT

The Smith Family Christmas Appeal

http://www.thesmithfamily.com.au/site/page.cfm?utm_source=google&utm_medium=cpc&utm_campaign=Charity%20PAID&gclid=CNOdhJ-v8awCFSFKpgod6BlICA or through

World Vision 'who work around the world – and in Australia too – to transform the lives of disadvantaged and at-risk children and communities.'

<http://www.unicef.org.au/Charity-Gifts.aspx?gclid=CO3w-K2u8awCFSJLpgod6B2Bbg>

Or go to <http://www.allthingschristmas.com/christmas-charity.html> where you will find a list of Christmas related charity programs and humanitarian organisations that you can choose to help – from \$10 to over \$500 – no matter how small your gift will brighten another's world.

Happy holidays everyone – stay safe – drive carefully - drink alcohol in moderation – don't drink and drive – enjoy the yummy Christmas fare and festivities.

Back to you in 2012 ...

Welcome to new members

ACT

Kris Feeney

NSW

Tahir Turk

Kristine Sparrow

Amy Andrew

Matilda Low

NT

Martha Kelehan

QLD

Emma Thomas

Anna Pausin

Rosemary Beard

Karissa Maxwell

Andrew Wheeler

SA

Jeremy Page

Erin Tyler

TAS

Kym Blechynden

Alexandra King

VIC

Samuel Muchoki

Angela McGlashan

Melinda Allott

Sally Flett

Sarah Finlay

Bridget King

Angela Kalkanidis

Narsimha Reddy Kandadi

Ghaiath Al-Attar

WA

Katy Boschetti

April Herbert

Ord Valley Aboriginal Health Services

AHPA's Accreditation Project

Andrew Jones-Roberts Convener AHPA's National Career Structure and Development Committee

Following the request for Expressions of Interest, as described in the September edition of *Update*, AHPA has appointed Daryl Sadgrove & Associates Consulting to investigate the feasibility of AHPA implementing an accreditation system. Daryl has very relevant experience having previously led the establishment and implementation of national university course accreditation programs for two health industry groups.

Daryl, with the support of members of AHPA's Career Structure and Development Committee, has been progressing work on a discussion paper exploring the current regulatory environment and articulating the anticipated benefits and risks to the health promotion sector. To develop the paper Daryl is interviewing stakeholders about the potential impact an accreditation system could have on various AHPA stakeholder groups (e.g. members, non-members, universities, employers, the public).

The first stage of the stakeholder analysis is now well underway with a forum held in South Australia, another planned in Western Australia, and a range of people identified for telephone interviews. The second broader consultation stage of the stakeholder analysis will be held in the new year.

Simultaneously, South Australia has progressed its move for recognition of Health Promotion Officers as Allied Health Professionals in the 2012 Enterprise Bargaining Agreement. Their submission was presented to the Manager of Workforce Relations SA Health in November 2012.

If you have any questions or would like to discuss the AHPA Accreditation Project please contact Andrew Jones-Roberts at ajones@rdns.com.au or on (03) 9854 3426.



Consultant Daryl Sadgrove, SA AHPA Branch President Janine Phillips and Michele Herriot, Director of SA Health, Health Promotion Branch (one of the project 's funders) at the SA consultation



Janine Phillips, SA Branch President and Kristy Schirmer author of research on SA career pathways for health promotion workers at the SA consultation.

Climate Change and Health – holiday reading on a hot topic

A Christmas present for all AHPA members

James Smith National Vice President AHPA and Guest Editor – Special Issue – ‘Health Promotion and Climate Change’ HPJA

At the end of 2010 the Health Promotion Journal of Australia commenced planning for the production of a ‘feature section’ dedicated to the topic of health promotion and climate change. This arose out of a realisation that the interface between health promotion and climate change was receiving increased attention. Yet, Australian literature on this topic was often hard to locate within an individual journal volume or book. An expression of interest, circulated to all members in December 2010, called for members to submit abstracts by mid-February 2011 for consideration by the Guest Editors. At that stage we knew that there was significant interest to persist with the concept. The respective full submission response was overwhelmingly positive.

Article topics spanned extreme heat events, vulnerable populations, population growth, skin cancer, health impacts, settings based approaches (e.g. schools), violence, workforce competencies, proposed advocacy efforts and evidence of practical action. It became evident that a ‘feature section’ would not be sufficient to cater for the number of articles submitted. Indeed, there were enough quality articles to support an entire issue on the topic of health promotion and climate change. As a result, the AHPA’s Board of Directors agreed to publish an additional ‘special issue’ of the Health Promotion Journal of Australia in 2011. This is in addition to the regular December 2011 issue. The outcome is that all full individual and corporate members will receive two separate editions of the Health Promotion Journal of Australia this Christmas. We trust that you enjoy this membership gift.

A special thanks to the National Climate Change Adaptation Research Facility for partnering with the Australian Health Promotion Association to produce the special issue. AHPA would especially like to thank Professor Tony Capon for assisting as a Guest Editor and to Associate Professor Ben Smith for providing ongoing support as the Editor-in-Chief. Thanks also to all the anonymous reviewers who provided timely and constructive feedback to make this special issue a reality.

Climate Change Reports and Resources

Compiled by Suzanne Gleeson National President AHPA

The Critical Decade: Climate Change and Health – new report

<http://climatecommission.gov.au/topics/the-critical-decade-climate-change-and-health>

The Critical Decade: Climate Change and Health is a new major report on climate change and health recently released by the Climate Commission. It is a comprehensive synthesis of the expected impacts of climate change on the health of Australians.

The report reminds us that our health is dependent on the natural environment for our basic requirements: safe water, clean air, sufficient food, tolerable temperatures and protection from the elements. Climate change is shown to already be putting pressure on the natural, economic and social systems that sustain good health.

The report recommends sustained action to both mitigate and adapt to these changes. They argue that an effective response from health professionals and organisations is essential and that they have an important role to play in explaining health challenges and enhancing public preparedness.

To find out more you can read the key messages or download the full report by clicking on the link below.

» For the **key messages** http://climatecommission.gov.au/wp-content/uploads/key-messages_FINAL-FOR-WEB1.pdf

» For the **full report** http://climatecommission.gov.au/wp-content/uploads/key-messages_FINAL-FOR-WEB1.pdf

Click on the link below and read the joint statement put out by several Australian health professionals, public health bodies and research scientists on climate change and health in support of the Climate Commission report.

<http://climatecommission.gov.au/topics/climate-change-and-health-what-medical-professionals-are-saying/>

NCCARF [National Climate Change Adaption Facility]

<http://www.nccarf.edu.au/about-facility>

Those who wish to keep up-to-date on climate change - visit or subscribe to NCCARF for research, news, publications, brochures, newsletters as well as events, seminars, and useful links.

United Nations Climate Change Conference

Durban South Africa November/December 2011

http://unfccc.int/meetings/durban_nov_2011/meeting/6245.php

CAHA [Climate and Health Alliance] <http://caha.org.au/>

AHPA is a member of CAHA

Catch up with the Global Climate and Health Summit held to raise the profile of public health in global negotiations on climate change - ran in parallel with the United National Convention on Climate Change (UNCCC), 17th Conference of the Parties (COP 17), in Durban South Africa, November/December 2011.

Fiona Armstrong’s 9 December article in the *Climate Spectator* ‘Rolling the dice at Durban’ <http://www.climatespectator.com.au/commentary/rolling-dice-durban#.TuFuNpDn8Mg.email>

Tasmanians HOVER after the Eat Well Vendor

A recent lunchtime forum, video conferenced throughout Tasmania, showcased the HOVER Project, a project auspiced by Eat Well Tasmania.

What is HOVER?

HOVER stands for Healthier Options in Vending - an Employer Resource. HOVER is a two phase research project that is investigating the availability of healthier food options in Tasmanian workplaces. The project aims to work with employers on the importance of healthier food options for their employees, and the benefits of this approach.

In its initial phase, the project specifically targets the food options available in workplace vending machines. HOVER is currently in its second phase.

During Phase One, the project involved a series of consultations with vending machine suppliers, the food industry, employers and employees. This resulted in resources being developed to assist employers in switching to healthier food options in their workplace vending machines. To date HOVER has seen the successful implementation of Healthier Vending in several sites across Tasmania.

Phase Two explores the various different healthier vending options currently available and site suitability for these.

Feedback from trial sites indicates healthier vending is viable within Tasmania, being well received by all involved in the trials, from employers, employees through to vending suppliers. During this phase HOVER has enjoyed greater engagement with the food industry, resulting in the identification of a wide range of healthier options for vending.

For more information about HOVER contact Colette Alexander at hover@eatwelltas.org.au

Population Health Congress 2012 10–12 September 2012

Adelaide Convention Centre, Adelaide, Australia

Call for Abstracts Now Open! Get your Abstract in.

As you know, the Population Health Congress is happening at the Adelaide Convention Centre in Adelaide from the 10 to 12 September 2012. This Congress replaces AHPA's usual annual conference as it does for our three partners – Public Health Association of Australia (PHAA), the Australasian Epidemiological Association (AEA) and the Australasian Faculty of Public Health Medicine (AFPHM).

The Congress title is Population health in a Changing World to reflect the dynamic environment in which the broad public health field needs to, and does, operate. Under this title umbrella, there are five sub-themes and the Congress will have at least nine well-known and stimulating keynote speakers addressing these themes. They will include three international public health figures, and key Australian or New Zealand leaders in public health policy, research and practice.

Find out more – click on http://www.conferenceco.com.au/pophealth/About_The_Congress.asp

Abstracts are open so please note the following important dates; there is a separate closing date for workshop proposals.

Workshop proposals close Friday 3 February 2012

Abstract submissions close Friday 24 February 2012

Presenter registration due Friday 15 June 2012

Earlybird registration closes Friday 15 June 2012

Abstract information and submission is on line at

http://www.conferenceco.com.au/pophealth/Abstract_Information.asp



For the toolbox...

Compiled by Suzanne Gleeson

Addressing Aboriginal Disadvantage: the need to do things differently

NSW Ombudsman October 2011. As the authors state, this report highlights the importance of taking bold approaches to the priority areas of education, building economic capacity and protecting vulnerable children in Aboriginal communities. While the report acknowledges that there have been improvements over the last four decades, it explains why major reform is necessary. To address Aboriginal disadvantage, the authors recommend the need for a consolidated, whole of government approach, in tandem with robust governance to drive the effective delivery of services on the ground.

Click on http://www.ombo.nsw.gov.au/publication/PDF/specialreport/SR_Aboriginal%20disadvantage%20report.pdf

Aboriginal and Torres Strait Islander Health Performance Framework 2010 Reports

On the 30 November 2011, the Australian Institute of Health and Welfare (AIHW) released 6 new reports on *Aboriginal and Torres Strait Islander Health Performance Framework 2010*. The six reports contain detailed analyses against indicators in the Aboriginal and Torres Strait Islander Health Performance Framework (the HPF) for the Northern Territory, South Australia, Western Australia, New South Wales, Queensland and Victoria. The HPF consists of 71 indicators covering three tiers – health status and outcomes, determinants of health, and health systems performance.

The reports are available on the AIHW website <http://www.aihw.gov.au/>

Obesity and injury in Australia: a review of the literature

The Australian Institute of Health and Welfare (AIHW) released this report on the 3 November 2011. They point out that obesity and injury are major health burdens on society and that the two are most likely linked. *Obesity and injury in Australia: a review of the literature* presents a summary of the information from existing literature to investigate obesity-injury relationships.

Access the report at <http://www.aihw.gov.au/publication-detail/?id=10737420420>

Online Health Promotion Resource Survey Australian National Preventive Health Agency (ANPHA)

You may have been involved in the ANPHA's public online survey conducted in July 2011 with the purpose of developing an online health promotion resource as part of ANPHA's knowledge brokering work.

You can access the key results from the survey at <http://www.anpha.gov.au/internet/anpha/publishing.nsf/Content/online-survey-toc~keyfindings>

Alcohol use in Rural Australia – newly released Fact Sheet

A new fact sheet on alcohol use in rural areas has been prepared by the NRHA (National Rural Health Alliance Inc) in collaboration with Alcohol and other Drugs Council of Australia (ADCA).

Access at <http://nrha.ruralhealth.org.au/cms/uploads/factsheets/Fact-Sheet-30-alcohol-in-rural-areas.pdf>

End the decay; the cost of poor dental health and what should be done about it.

The above report, released on the 6 December 2011 is a sad indictment on Australia's oral health situation. The report was commissioned by the Brotherhood of

St Laurence. The authors, Professor Jeff Richardson from Monash University, and Bronwyn Richardson from Campbell Research and Consulting, found that the direct and indirect costs to the economy are significant. Most of the burden of poor dental health is borne by the most disadvantaged in our communities. In their media release the Brothers of St Laurence stated that millions of people are financially locked out of Australia's expensive dental health system which undermines their capacity to gain and keep employment and the annual cost to the economy is more than \$1.3 billion.

A must read for all health promotion professionals. You can download the report at http://www.bsl.org.au/pdfs/Richardson_End_the_decay_2011.pdf

The Health Well – Better intelligence, Better decisions, Better health

If you haven't visited this Irish Health Well website - I strongly recommend you do – it is a veritable treasure-trove of important, interesting, valuable information and resources for health promotion practitioners. As stated on the website, the Health Well with its thematic hubs and web groups are managed by the INIsPHO Team in the Institute of Public Health in Ireland (IPH) with the co-operation of key organisations throughout the island. It has a great Health Inequalities Hub – dip into the well for yourself – you won't be disappointed. The story on their home page alone, about how they got their name, is worth the visit ... and it is easy to navigate ...

To sip from this Health Well – click on <http://www.thehealthwell.info/>

European review of social determinants of health

Interim second report on social determinants of health and the health divide in the European Region.

This report was drafted by a team based at University College London and led by Sir Michael Marmot – 2011. '...This interim second report sets out the approaches

to tackling health inequities that have emerged from the work undertaken since WHO published the Interim first report on social determinants of health and the health divide in the WHO European Region in September 2010 as part of the review. ... This review will inform the new European Policy for health – Health 2020.'

Available online at: http://www.euro.who.int/_data/assets/pdf_file/0010/148375/id5E_2ndRepSocialDet-jh.pdf

Rio Political Declaration on Social Determinants of Health

The *Rio Political Declaration on Social Determinants of Health* was adopted during the World Conference on Social Determinants of Health on 21 October 2011. The declaration expresses global political commitment for the implementation of a social determinants of health approach to reduce health inequities and to achieve other global priorities. It will help to build momentum within countries for the development of dedicated national action plans and strategies. Download the Rio Declaration at <http://www.who.int/sdhconference/declaration/en> / **And then go to the BMJ Group Blogs** <http://blogs.bmj.com/bmj/2011/10/21/fran-baum-on-the-alternative-rio-declaration/> to read *Fran Baum on the Alternative Rio Declaration*.

Health Campaign a Waste of Money

Provocative headline from INDAILY Adelaide's Daily Independent News, Wednesday 2nd November. Read the article at <http://www.indaily.com.au/?iid=55934&sr=0#folio=001>

A very safe, restorative Christmas Holiday and a Happy New Year to you all.

Branch Round Up

WESTERN AUSTRALIA // Gemma Crawford and Tracy Fuhrmann

Farewell 2011 and Planning for 2012: The WA Branch executive committee has held its last meeting for the year, reflecting on a productive 12 months. 2012 will be the last year in the current strategic plan, so the 2012 committee will have a dual role - completing tasks from the current plan and working on the 2013-2015 plan. Committee members, students and ex officio members as well as mentors, mentees, scholarship recipients and their supervisors joined us in our end of year celebratory dinner. The evening was an opportunity to network, catch up with old friends and make new acquaintances.

Scholarships: Applications have closed for the 2012 AHPA (WA Branch) Healthway Graduate and Aboriginal and Torres Strait Islander Scholarships. Recipients will be formally announced at the 2012 AGM. We would like to thank all individuals and agencies that showed their interest in the scholarships.

Professional development: The branch has wrapped up its professional development calendar for the year, co-hosting 'A how to guide to writing for publication' with PHAIWA and PHAA. Presented by Professor Helen Keleher, the event was held on October 19 2011, and saw over 50 participants gain valuable insights from Helen about how to get your work out there. Whilst in Perth, Professor Keleher also facilitated a round table discussion on social determinants. The 2012 calendar of events is currently being finalised and will be circulated in January.

State representation: Health Promotion has been well represented in WA over the last couple of months at a number of events including the Healthway Leadership Training presentations, Healthway Strategic Planning, Curtin Health Promotion Advisory Board meeting and the WA Alcohol and Youth Action

Coalition held at Government House and hosted by His Excellency the Governor and his wife Mrs Tonya McCusker.

Career development: The branch has been proactive in organising a round table discussion on health promotion career pathways and professionalisation, to be held in December. Watch this space and the News from the West for more information.

AGM: The AGM to be held on February 8 2012. Activities will include the launch of several new awards, announcement of the 2012 AHPA (WA Branch) Healthway Graduate and Aboriginal and Torres Strait Islander Scholarship recipients, and the 2nd annual Ray James Memorial Lecture. The call for nominations will be circulated shortly.

Thank you: Thanks to our hard working committee, student and ex-officio members who have helped us throughout 2011. To outgoing committee members, we wish you all the best in your future endeavours. We hope that your time spent with us has been valuable both personally and professionally. To all our members, thank you for your ongoing support and to you and your loved ones, we wish you a safe and happy festive season. See you for a wonderful new year.

VICTORIA // Andrew Jones-Roberts

Victorian Aboriginal & Torres Strait Islander Working Group: The Group has been meeting regularly over the past few months to plan for future work. The key focus is to enable stronger partnerships for Aboriginal health by implementing a range of strategies that support Aboriginal health promoters to share their work and increase awareness of AHPA.

The Skill Development Working Group and the Aboriginal & Torres Strait Islander Working Group collaborated to present a workshop at the Aboriginal Health Promotion & Chronic Care (AHPACC) Forum on 30 November at Torquay. The workshop aimed to support AHPACC workers through the process of writing and submitting abstracts for conferences, in particular the Victorian Aboriginal Health Conference in May 2012.

Careers Working Group: The Group met with Denise Laughlin, Department of Health to discuss progress with the Victorian implementation of the National Partnership Agreement on Preventive Health (NPAPH). The Department of Health and the Municipal Association of Victoria have commenced recruitment across 14 local government areas in Victoria. These new community-based health promotion positions cater for health promotion professionals throughout their career span.

Member Relations Working Group: The Group has been developing strategies to better inform and connect branch members from across Victoria with AHPA and with each other. This work has included the revamp of the AHPA Victoria newsletter, geographical mapping of our members and the different membership types, and the creation of the AHPA Victoria Branch LinkedIn group (see more below). The group is also planning the AGM Film Night to be held on 29 March 2012 so be sure to save that date in your diaries!

AHPA Victorian Branch LinkedIn Group: The LinkedIn Group is intended to foster online community health promotion professionals and students who share a common passion and interest in health promotion within Victoria. This Group provides members with a focused space to discuss relevant topics, share news stories, network, and collaborate with others.

We recognise that people prefer, and have the right to use their Facebook pages for personal information that they may not want visible to potential colleagues or employers. LinkedIn is designed for professional networking, meaning the site focuses on your contacts from your education, employment and professional networks.

How to get started:

1. Sign up for a LinkedIn account. <http://www.linkedin.com/home> This is completely free.
2. Create your own professional profile with information that represents your professional or academic details.
3. Join the AHPA Victorian Branch LinkedIn group.
4. Introduce yourself! Please feel free to share your name, your employment, your professional background or what you hope to gain from the group.
5. Stay tuned to the LinkedIn Group page for regular updates from the AHPA Victorian Branch and get involved in discussions.

Branch Round Up/ continues on next page »

/ Branch Round Up

SOUTH AUSTRALIA // Janine Phillips

Health Promotion and Allied Health: The last few months have been busy for the SA Branch. President Janine Phillips and Vice-President Janette Young have been working towards bringing health promotion into the Allied Health stream in SA. Meanwhile our student portfolio continues to work toward linking students with volunteer placements.

Building Workplace Capacity Award:

Congratulations to Annabel Axford. At the combined AHPA/PHAA State Population Health Conference in October, Annabel Axford from Country Health SA, was awarded the Primary Health Care Practitioner Award for her tireless efforts building the workforce health promotion capacity in her workplace.

Health Promotion Success Story honoured with donation:

At the launch of our 2009 Health Promotion Storybook, 'building on success stories to close the gap in Aboriginal life expectancy', the committee decided to donate 50% of donations for the book to one of the featured success stories. The group chosen was the Aboriginal Sobriety Group. They were presented with \$1000 at their recent AGM to go towards the Annual 'Sober Walk'.

Mentoring: The AHPA/PHAA mentor program was wrapped-up after another successful year at a social gathering for mentors and mentees to share their experiences. This year there were 23 matched pairs, including 9 participants from the NT, who held their social event on the same evening as SA. This is the second successful year SA have partnered with the AHPA NT branch.

NORTHERN TERRITORY // Emily Raso

In the news: WOW - what a year 2011 has been in the NT. A NT gardener has grown the world's biggest pineapple at 8.28kg; NT born Cadel Evans won a big fancy bike race called the Tour de France; and President Barack Obama came to visit the NT and was reassured by the fact he'd been insured for \$50k against a croc attack!!

Professional Development: Topping these stories were the diverse, interesting and fun professional development and networking sessions held by the AHPA NT Branch, reflective of our focus on developing our strategic partnerships. Highlights included: the 'Health- in- all- Policies- Water projects' case study; Communication, Health and Culture forum; the 'Health and Life skills' and 'School Gardens' workshops. We are particularly grateful to the Australian Water Association and the Remote Indigenous Gardens Network who have been terrific collaborators.

Membership: Just like our events, our membership is also diverse, interesting and fun! We have had members call in to meetings from Darwin, Alice Springs, Tennant Creek, Nhulunbuy and Gunbalanya. This brings a fantastic and unique mix of experience and skills not only to the NT Branch, but also to the SA/NT Mentor program and makes our social events very entertaining. We plan to further garner and build on this incredible expertise and knowledge for 2012.

Thank You again to our proactive Executive Committee and our members for their passion and hard work keeping the NT Branch flourishing.

Merry Christmas and a Happy New Year to all.

Now off you go and read your Cyclone Survival Guide (we're only expecting 12 this wet season!) because I want you all around again in 2012!

QUEENSLAND // Kirsty Tinsley

Thank you: The AHPA QLD Branch Executive committee has worked hard over the past 12 months and over the past three years has successfully implemented the QLD Branch Operational Plan 2009-2011. I would like to take this opportunity to recognise and thank the QLD Branch Executive committee for their involvement and contribution to achieve the goals and objectives within the QLD Branch Operational Plan.

New newsletter released: Another exceptional edition of the Queensland Health Promotion Quarterly has been developed, with a focus on Oral Health Promotion. The next edition will focus on health promotion in culturally and linguistically diverse communities.

Advocacy: The advocacy committee has done great work preparing several articles for the newsletter and seeking opportunities leading up to the State Government election that will engage AHPA Queensland members to get involved and advocate for health promotion at the state and local level.

TASMANIA // Petrina Nettlefold

Planning for 2012: Looking forward to 2012. The Tasmanian Branch Committee is looking forward to a smooth, planned year ahead. We are focussing on how we can better engage with our members around the state and communicate with them regularly on issues relevant to their health promotion practice and/or issues of interest.

Professional Development: The year will kick-start with the launch of the Social Determinant Fact Sheets which will also form the structure for our regular lunch time forums throughout 2012. The forums will showcase some of the valuable work happening

Professional Development: The final professional development event for 2011 was held on Thursday 17 November. The Developing Interview Skills and Responding to Selection Criteria Workshop was very well attended, with two great guest speakers who shared their hints and tips to 'get that job in health promotion'.

Member Survey: The AHPA QLD bi-annual member survey was recently distributed, with the results currently being collated. Members' feedback will inform the future directions of the AHPA QLD Branch as well as the development of the AHPA Queensland Branch 2012-2015 Operational Plan.

2012 AGM: With the festive season and 2012 nearly upon us, the call for nominations for the 2012 Queensland Branch Executive has been sent to all Queensland AHPA members. The AHPA QLD AGM will be held on Thursday 2 February 2012.

around the state in all sectors to address social determinants and will provide valuable professional development and networking opportunities.

Advocacy: We are working on the development of several position statements around our chosen issues for action & advocacy, which will be discussed at our final Committee meeting for 2011 on the December 15.

Branch Round Up/ continues on next page »

/ Branch Round Up

NEW SOUTH WALES // Karen Bedford

Professional Development: The NSW Branch committee has been busy recently with two events held in October. Dr Andy Marks from the St. Vincent de Paul Society addressed an enthusiastic audience during Anti-Poverty Week discussing the issue of wellness in disadvantaged communities. Andy provided an extremely interesting and engaging presentation.

An interactive workshop was held in October titled *Complexity Science in Health Promotion: new ways of working upstream*. This workshop, using Complexity Theory was ably facilitated by Eric van Beurden and Annie Kia from the North Coast Health Promotion Team. The 35 participants thoroughly enjoyed the experience of applying the theory to a range of complex, multilevel health promotion issues.



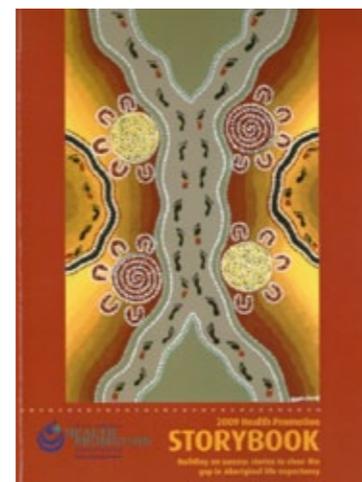
Eric van Beurden facilitating the Complexity Theory Workshop Sydney 21 October 2011

21ST AHPA National Conference 2013: The NSW Branch committee is looking forward to hosting the AHPA National Conference in Sydney in 2013. The Branch Committee have commenced initial planning and brainstorming to get the ball rolling. We will of course be calling out for 'help' from our colleagues in Victoria and Queensland who have recently gone through this experience. We know it is an enormous task and they have valuable insights, lessons learned, and many good ideas and tips to set us up to make sure that we do it right.

ADVERTISEMENT

AHPA SA Branch Health Promotion Storybook Order Form

Building on success stories to 'close the gap' in aboriginal life expectancy



The Storybook is a result of the partnership between AHPA SA, the Aboriginal Health Council SA and SA Health. Thirty four success stories are grouped into the themes of:

- » Primary health care, health promotion and substance abuse
- » Improving wellbeing
- » Cancer
- » Research/capacity building
- » Making indigenous health everyone's business
- » Community nutrition
- » Our families

Name: _____

Postal address: _____

Email: _____

Telephone: _____

No of storybooks @ \$10 Plus \$5 per copy postage Total \$

Payment Options

- Cheque enclosed payable to AHPA SA Branch.
Post to Jane Barnett PO Box 1524 Bridgewater SA 5155
- EFT Deposit funds in Westpac BSB Number: 035 002
Account Number: 199 498

Enquiries: Jane Barnett janebarnett@adam.com.au

Thank you for your order. A receipt will be emailed to you.

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RaggAhmed is a growing national health and communications consultancy based in Rozelle, in the inner west of Sydney. We offer publishing and consultancy services and provide professional development programs to governments, NGOs and academic institutions. We work only with clients who have the public good at heart.

We're looking for freelance trainers from all states and territories to join our panel of high quality contractors. You'd have experience in training and/or course development in plain English writing, scientific writing and oral presentations, writing for academic journals, report writing and health communications.

The advertisement is available at <http://www.raggahmed.com/working-with-us-vacancies/>

To apply, please email a covering letter and resume to Jackie Stephenson, Professional development manager, at jackie.stephenson@raggahmed.com.

Applications close on 27 January 2012.

Events and conferences

MARCH 2012

Power through Partnership National Close The Gap Day Thursday 22 March 2012

Join the thousands of people and organisations around Australia who get involved in National Close the Gap Day to raise awareness of the Indigenous health crisis.

Find out more and register your event at
<http://www.oxfam.org.au/nctgd>

Indigenous Forces @ Work Conference 2012 Crowne Plaza, Alice Springs, Northern Territory 21 – 23 March

This is the second Indigenous employment conference held by Jobs Australia. Among other things this conference will explore links between employment and training and will share ideas and experiences with others advancing Indigenous employment opportunities.

www.hotelnetwork.com.au/conferences/conferences/ifaw2012/indigenousforcesatwork/

MAY 2012

The Aboriginal health conference 2012 – everyone's responsibility

Melbourne
24 – 25 May 2012

The aims for this conference include informing and inspiring delegates through outlining the priority areas and enablers for better health outcomes, demonstrating the value of investment in Aboriginal health and workshopping ways to close the health gap as well as sharing the experience of innovative and excellent work happening in Victoria.

<http://www.health.vic.gov.au/aboriginalhealth/conference/index.htm>

JUNE 2012

Working together to achieve liveable cities conference

Geelong, Victoria
6 – 8 June 2012

The 5th Healthy Cities Conference will be a platform for Government and Industry sector professionals to discuss causes, effects and solutions that relate to population health, sustainability, natural resource management, transport, climate change, urban design and more.

<http://www.healthycities.com.au/abstracts.html>

Beyond 2012: Leading the Way to Action 6 – 8 June 2012

The National Indigenous Drug & Alcohol Committee (NIDAC) - supported by the Australian National Council on Drugs (ANCD) - is the leading voice in Indigenous drug and alcohol policy advice, and will host Australia's second National Drug and Alcohol Conference (NIDAC 2012) at the Esplanade Hotel, Fremantle, Western Australia from 6 – 8 June 2012.

<http://nidaconference.com.au/about-nidac-2012.html>

International Indigenous Development Research Conference

27 – 30 June 2012

This conference will be held in Auckland NZ. The conference will be all-encompassing and multi-disciplinary, welcoming indigenous scholars from many different research fields and many nations to come together and share knowledge, develop ideas and create innovative approaches to research. Working together, we can connect over our horizons and create future opportunities for indigenous peoples worldwide.

<http://www.indigenousdevelopment2012.ac.nz/>

SEPTEMBER 2012

Population Health Congress: Population Health in a Changing World

Adelaide SA
10 – 12 September 2012

www.conferenceco.com.au/pophealth

For more details see page 4 of this newsletter.

New Contact Details for the Australian Health Promotion Association

All membership matters and enquiries

email members@healthpromotion.org.au

phone Veronica 1300 857 796

written correspondence

PO Box 254 Altona North Vic 3025

Please note that all memberships – new and renewals – can be done on line at
www.healthpromotion.org.au/membership

All other enquiries

email admin@healthpromotion.org.au

phone (02) 9515 9055

Fax (02) 9515 9056

All new contact details are available on AHPA's website –
www.healthpromotion.org.au

Update

Newsletter of the Australian Health Promotion Association

Advertising Price Guide

December 2011 – All prices inclusive of GST

Eighth page advertisement (landscape)

Members \$25.00

Non members \$35.00

Quarter page advertisement (portrait)

Members \$35.00

Non members \$45.00

One third of a page advertisement (portrait)

Members \$45.00

Non members \$55.00

Half page advertisement (landscape/portrait)

Members \$55.00

Non members \$65.00

Full page advertisement (portrait)

Members \$65.00

Non members \$95.00

Bookings for advertising in *Update* must be received by the Update deadline for submission of articles.

The deadline for the next *Update* is

Thursday 8 March 2012.

Please provide all text in Word and pictures and photos as picture files eg JPG.

Additional costs will apply if typesetting or layout is required.

Articles appearing in the *Update* do not necessarily reflect the views of the Australian Health Promotion Association.

Contributions are welcome and for the March 2012 edition please send to updateahpa@gmail.com

Are your colleagues members of AHPA?

To find out about AHPA and the benefits of becoming a member ask them to click on <http://www.healthpromotion.org.au/membership> and sign on now.

To renew your membership do so online – just click on <http://www.healthpromotion.org.au/membership>

All membership enquiries please email to members@healthpromotion.org.au