

REGISTER NOW FOR THE 2023 AHPA NATIONAL MENTORING PROGRAM!

The AHPA® mentoring program is for people interested in or working in the field of health promotion. It is a one-to-one or group relationship between a more experienced person (mentor/s) and a less experienced person/s (mentee/s). It presents an ideal opportunity to facilitate knowledge exchange, networking and professional development for AHPA members. Previous participants have described the program as enjoyable, nurturing, positive, mutually beneficial, rewarding and reassuring.

BENEFITS

Mentees benefit from the guidance and ability to have an independent conversation about their professional development goals. Mentors also benefit from networking with their mentee and developing their coaching skills.

The Mentoring Program will also assist those who have achieved registration as a Health Promotion Practitioner under our Health Promotion Practitioner Registration initiative. Mentoring is approved as a Continuing Professional Development (CPD) activity for maintaining your registration through AHPA. (see <https://www.healthpromotion.org.au/our-profession/practitioner-registration>).

ELIGIBILITY

To be eligible as a mentee, you must be a current individual member of AHPA.

Mentor applicants are expected to have 4 or more years' experience in health promotion.

Being a mentee, and/or a mentor, also requires a commitment to the other person in terms of time (~2 hours per month for 6 months) and energy (e.g. developing a plan, being prepared for meetings, identifying contacts or resources).

While every mentoring partnership is different, you can expect to spend the first two sessions meeting each other, setting goals for the next six months, and identifying how the mentor/s can support the mentee/s. Following sessions may involve the mentee reporting back on how they are tracking towards their goals, with mentor/s and peers providing advice and guidance to stay on track.

Please consider your ability to be committed, prepared and proactive, before applying.

Placements within the mentoring program are competitive and limited in number. Preference will be given to early- and mid-career professionals.

HOW TO APPLY

To register for the 2023 program as a mentor or a mentee, please complete this application form and submit by **COB MONDAY 13th March 2023**.

<https://www.surveymonkey.com/r/2GG59ZR>

The Mentoring Committee will assess all applications and aim to match mentees and mentors by 3rd April 2023. If we experience a delay, it's because we are trying to find the right match for you!

This information is also available on the AHPA website

<https://www.healthpromotion.org.au/news/ahpa-updates/279-2016-national-mentoring-program>