

## REGISTER NOW FOR THE 2024 AHPA NATIONAL MENTORING PROGRAM!

The AHPA® mentoring program is for people interested in or working in the field of health promotion. It is a one-to-one relationship between a more experienced person (mentor) and a less experienced person (mentee). It presents an ideal opportunity to facilitate knowledge exchange, networking and professional development for AHPA members. Previous participants have described the program as enjoyable, nurturing, positive, mutually beneficial, rewarding and reassuring.

### **BENEFITS**

Mentees benefit from the guidance and ability to have an independent conversation about their professional development goals. Mentors also benefit from networking with their mentee and developing their coaching skills.

The Mentoring Program will also assist those who have achieved registration as a Health Promotion Practitioner under our Health Promotion Practitioner Registration initiative. Mentoring is approved as a Continuing Professional Development (CPD) activity for maintaining your registration through AHPA. (see <https://www.healthpromotion.org.au/our-profession/practitioner-registration>).

### **ELIGIBILITY**

To be eligible as a mentee, you must be a current individual member of AHPA.

Mentor applicants are expected to have 4 or more years' experience in health promotion.

Being a mentee, and/or a mentor, also requires a commitment to the other person in terms of time (~2 hours per month for 6 months) and energy (e.g. developing a plan, being prepared for meetings, identifying contacts or resources).

While every mentoring partnership is different, you can expect to spend the first two sessions meeting each other, setting goals for the next six months, and identifying how the mentor can support the mentee. Following sessions may involve the mentee reporting back on how they are tracking towards their goals, with mentors and peers providing advice and guidance to stay on track.

Please consider your ability to be committed, prepared and proactive, before applying.

Placements within the mentoring program are competitive and limited in number. Preference will be given to early- and mid-career professionals.

### **HOW TO APPLY**

To register for the 2024 program as a mentor or a mentee, please complete this application form and submit by **COB MONDAY 8th March 2024**.

<https://www.surveymonkey.com/r/AHPAMentoring2024>

The Mentoring Working Group will assess all applications and aim to match mentees and mentors by 8<sup>th</sup> April 2024. If we experience a delay, it's because we are trying to find the right match for you!