

Aboriginal Health Promotion Short Course

Do you have an interest in health and want to contribute towards closing the gap in your community? Health promotion provides a framework to engage and create community orientated health approaches.

The Australian Health Promotion Association (AHPA®) (WA Branch) is conducting a FREE short course that will yarn about health promotion to share knowledge, skills and ideas that will support health promotion within Aboriginal and Torres Strait Islander communities. The course is suitable for Aboriginal and Torres Strait Islander peoples already working in the health sector, those wanting to move into the area and those wanting to incorporate health promotion principles into their role.

Course Details

Dates: Monday 23 – Friday 27 July (5 days), 9.00am – 2.00pm daily

Location: Centre for Aboriginal Studies, Curtin University, Bentley (Room number TBA)

Cost: FREE

The value of each course being offered for free is usually \$1300. Financial support is available including rural and remote participants for travel and accommodation.

Catering: Morning tea, lunch and afternoon tea will be provided.

Course facilitators: Ms Cheryl Davis, BHSc, MPH, Yuat Baladong Noongar woman, Director of Indigenous Engagement, Faculty of Health Science, Curtin University. Cheryl has more than 20 years of experience working in varied roles in Indigenous health.

Dr Linda Portsmouth, Senior Lecturer, Health Promotion, School of Public Health, Curtin University. Linda has more than 30 years working in health communication, 25 of these as a health promotion practitioner. Linda enjoys working in partnership with Aboriginal health practitioners.

Registrations: To register, please fill out an Expression of Interest (EOI) form and email to scholarshipswa@healthpromotion.org.au by Friday 6 July 2018. The EOI will be assessed by a panel of representatives from the AHPA (WA Branch) Committee and course supporters. Places are limited (maximum 25 registrations) so apply ASAP.

Transport: All day parking from \$4/day using the CelloPark app. (www.cellopark.com.au)
For public transport info visit <http://www.transperth.wa.gov.au/Home/JourneyPlanner.aspx>

Course Overview

All subjects will have an Aboriginal health focus.

Day 1

Yarning about what you would like from this course
Yarning about health promotion and the health promotion you do now
Health promotion needs assessment
Yarning with community to find out what they think about a health issue

Day 2

Health promotion planning – what will we do?
Setting goals and objectives
Yarning with community to plan a health promotion program
Group work: Planning a health promotion program for your community

Day 3

Health promotion strategies & methods – how will we do it?
Running a health promotion program in partnership with community
Group work: Planning the strategies, methods and activities for your program

Day 4

Evaluation of health promotion – did we succeed?
Yarning with community to evaluate a health promotion program
Group work: Planning the strategies & methods for your program

Day 5

Group work: Finalising and presenting your plans
Where to from here? AHPA Scholarship and study at Curtin

Participants can apply for Recognition of Prior Learning (RPL) for elective units within Curtin health promotion courses, following successful completion of an additional assessment. This Aboriginal Health Promotion Short Course is an initiative of the AHPA (WA Branch) and is proudly funded by Healthway as part of the Health Promotion Scholarship Program.

This course is supported by:



Australian Indigenous
HealthInfoNet



Curtin University