



The South Australian Branch of the Australian Health Promotion Association is delighted to be presenting this CD regarding the facilitation of a Mentoring Programme within workplace settings.

The CD contains:

- The Final Report of a pilot mentoring programme conducted in South Australia
- A Facilitators' Manual to be used as a guide for conducting a mentoring programme
- A copy of PowerPoint slides for use with the guide.

The goal of the mentoring programme offered in South Australia was to develop and facilitate a mentoring process that will assist in the professional development of people in the workforce who are interested in enhancing their practice and/or expanding their knowledge in health promotion and Primary Health Care (PHC). Immediate gains within the workplace setting were reflected as:

- Increased knowledge and skill
- Increased confidence
- Clarification of health promotion principles as they translate into practice as well as
- Greater understanding of how existing practice is reflective of health promotion
- Assistance in career direction
- Increased networking.

The development and production of the CD is the result of recommendations flowing from the evaluation of that mentoring programme. Congratulations need to be extended to the drivers of this project, Susan Mann and Barbara Kirke, for their energy and commitment.

*R.M. Plush*

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